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2007 Willamette University Track & Field Schedule

Date	Event/Host	Time
Mar. 3	Willamette Opener <i>Willamette Univ.</i>	9 a.m.
Mar. 10	Willamette Mini Meet <i>Willamette Univ.</i>	10 a.m.
Mar. 16	Linfield Open Linfield College	12 p.m.
Mar. 17	Oregon Preview Univ. of Oregon	11:30 a.m.
Mar. 23	Charles Bowles Classic <i>Willamette Univ.</i>	12 p.m.
Apr. 6-7	Willamette Invite <i>Willamette Univ.</i>	4 p.m./ 10:30 a.m.
Apr. 9-10	NWC Multi Champs <i>Willamette Univ.</i>	9 a.m.
Apr. 14	Willamette Mini Meet <i>Willamette Univ.</i>	11 a.m.
Apr. 20-21	NWC Championships <i>Univ. of Puget Sound</i>	2 p.m./ 10:30 a.m.
Apr. 27	WOU Twilight <i>Western Oregon Univ.</i>	TBA
May 5	Oregon Twilight <i>Univ. of Oregon</i>	3:30 p.m.
May 11	Western Oregon Last Chance <i>Western Oregon Univ.</i>	2 p.m.
May 12-13	Ultimate Multi-Events <i>George Fox University</i>	All Day
May 16	WU Last Chance <i>Willamette Univ.</i>	3:30 p.m.
May 24-26	NCAA Championships <i>Univ. of Wis-Oshkosh</i>	All Day

Home games in **Bold Face**

Men's & Women's Track & Field

Last Weeks Results:

Coffman and Vieyra Improve Times at WU Last Chance Meet

At the Willamette University Last Chance Meet on Wednesday, May 16, Bearcat track and field athletes Maddie Coffman (So., Boise, ID/Boise HS) and Julio Vieyra (Sr., Salem, OR/McKay HS) improved their provisional qualifying times to improve their chances of being included at the NCAA Division III Track and Field National Championships. Coffman completed the women's 1,500 meters in 4:32.99, as she took 2.69 seconds off her previous qualifying time of 4:35.68. Vieyra ran the men's 1,500 meters in 3:52.57, slicing three-quarters of a second from his previous best of 3:53.32.

Coffman moved from 16th on the NCAA Division III Performance List into ninth place, pending other recent results. Vieyra, who began the day ranked 16th among Division III provisional qualifiers, moved up to 13th, pending results from other last chance meets.

The efforts of Coffman and Vieyra highlighted Willamette's accomplishments at the WU Last Chance Meet. Other top performers for the Bearcat women were the 4 x 100-meter relay team, plus Andrea May (Sr., Bellingham, WA/Sehome HS) in the 100-meter hurdles and Melinda Fahey (Jr., Salem, OR/McKay HS) in the discus throw.

WU's 4 x 100-meter relay recorded a time of 48.30 seconds, finishing the race 0.11 away from the school record set just last week at 48:19 during the Western Oregon University Last Chance Meet on May 11. Running for the Bearcats were Autumn Schmeck (Fr., Beaverton, OR/Aloha HS), Lydia Marsalli (Fr., Klamath Falls, OR/Klamath Union HS), Kaitlin St. John (Fr., Bend, OR/Mountain View HS) and May. Willamette previously attained the provisional qualifying standard in the event.

In the 100-meter hurdles, May was clocked at 14.88 seconds. She was within 0.16 seconds of her provisional qualifying time and school record of 14.72 seconds, recorded earlier this year. Fahey, who attained a provisional qualifying distance of 136' 10" in the discus earlier in the season, registered a toss of 135' 0" at the WU Last Chance Meet.

Additional top results for the WU men's team were supplied by Garrison Coy (So., Gig Harbor, WA/Gig Harbor HS) in the 400-meter hurdles, Lucas Nebert (Jr., Cincinnati, OH/Wyoming HS) in the 3,000-meter steeplechase, Craig Sather (Fr., Junction City, OR/Junction City HS) in the shot put and Jacob Monroe (So., Keizer, OR/McNary HS) in the shot put.

Coy ran the 400-meter hurdles in 54.81 seconds, as he finished more than a second faster than his time of 55.97 seconds at the WOU Last Chance Meet. He missed the provisional standard of 54.14 by just 0.67 seconds.

Nebert recorded a time of 9:35.04 in the 3,000-meter steeplechase to win the event. Nebert's time was roughly 12 seconds from the NCAA provisional mark of 9:23.00.

Postseason Competition:

Bearcats Selected for NCAA National Championships

On Sunday, May 20, the National Collegiate Athletic Association (NCAA) announced its selections for the 2007 NCAA Division III National Track and Field Championships. Willamette University will be represented by two members of the men's team and six members of the women's squad, plus both women's relay teams, at the National Championships, May 24-26 at the University of Wisconsin-Oshkosh.



**Bearcat Track & Field
NCAA Division III
National Championship Entries**

Men's

Grant Piros	
Javelin	199' 3"
Julio Vieyra	
1,500-meter run	3:52.57

Women's

Maddie Coffman	
1,500-meter run	4:32.99
Mariah Hanson	
400-meter dash	56.86
Andrea May	
100-meter hurdles	14.72
Jordyn Smith	
800-meter run	2:10.87
Jena Winger	
3,000-meter steeple	10:52.71
Sarah Zerzan	
5,000-meter run	16:28.54

Women's Relays

Autumn Schmeck, Lydia Marsalli, Kaitlin St. John, Andrea May	
4 x 100-meter relay	48.19
Lydia Marsalli, Jennifer Luecht, Mariah Hanson, Andrea May	
4 x 400-meter relay	3:50.19
Relay Alternate: Katie Klein	

Leading the list of selections for the Bearcats is Sarah Zerzan (Jr., San Carlos, CA/ Notre Dame HS). Zerzan, who won the NCAA Division III individual women's national championship in cross country this past fall, achieved the top time among all athletes selected to compete in the women's 5,000-meter run. Her qualifying time of 16:28.54 also set Willamette University and Charles Bowles Track records. Zerzan, who also earned an automatic qualifying time in the 1,500-meter run at 4:31.52, will be competing only in the 5,000-meter run at the National Championships.

Mariah Hanson (Sr., Poulsbo, WA/North Kitsap HS) will compete in the 400-meter dash. Her qualifying time was 56.86 seconds. Jordyn Smith (Jr., Henderson, NV/Green Valley HS) will run for the Bearcats in the 800-meter run, after registering a qualifying time of 2:10.87. Smith also qualified in the 400-meter hurdles at 1:02.34, but will concentrate on the 800 at the National Championships. She is seeded sixth in the race.

Other individual competitors set to compete for the women's team are Andrea May (Sr., Bellingham, WA/Sehome HS) in the 100-meter hurdles, Maddie Coffman (So., Boise, ID/Boise HS) in the 1,500-meter run and Jena Winger (So., Bonney Lake, WA/Sumner HS) in the 3,000-meter steeplechase. Coffman's top time in the 1,500 was 4:32.99. May qualified in the 100-meter hurdles with a time of 14.72 seconds, while Winger registered a time of 10:52.71 in the steeplechase to set a Willamette record.

The 4 x 100-meter relay team of Autumn Schmeck (Fr., Beaverton, OR/Aloha HS), Lydia Marsalli (Fr., Klamath Falls, OR/Klamath Union HS), Kaitlin St. John (Fr., Bend, OR/Mountain View HS) and May earned its entry with a time of 48.19 seconds at the Western Oregon Last Chance Meet. The time set a new Bearcat record.

WU's 4 x 400-meter relay team includes Hanson, Jennifer Luecht (Fr., Milwaukie, OR/Rex Putnam HS), Marsalli and May. Willamette's qualifying time in the 4 x 400 relay was 3:50.19 during the Western Oregon Twilight Meet on April 27.

The actual makeup of the relay teams will be determined by McGuirk and his assistants later in the week. Any of Willamette's female athletes who have already been selected for the National Championships may run in one or both relay events. Also, Katie Klein (So., Forest Grove, OR/Forest Grove HS), a sprinter and relay runner, will travel to the National Championships as an alternate in the relays.

Grant Piros (So., Newberg, OR/Newberg HS) in the javelin throw and Julio Vieyra (Sr., Salem, OR/McKay HS) in the 1,500-meter run will represent the WU men's team at the National Championships. Piros is seeded seventh in the javelin with a throw of 199' 3". Vieyra qualified in the 1,500 by achieving a time of 3:52.57.

**Up Next for the Bearcats:
NCAA Track and Field Set for May 24-26**

Willamette will compete at the NCAA Division III Track and Field National Championships on May 24-26 at the University of Wisconsin-Oshkosh. A total of 13 athletes will be making the trip, with 10 women's entrants and one women's relay alternate, plus two members of the men's team. Most of the events involving Willamette athletes will conclude with finals on Saturday, although finals in the 3,000-meter steeplechase are set for Friday.



**2007 Willamette University
Men's and Women's
Rowing Schedule**

Date	Event	Time/Result
Feb. 11	Tough Love Indoor <i>Univ. of Portland Portland, OR</i>	TBA.
Mar. 10	Behind Ross Island #2 <i>Oaks Park Portland, OR</i>	8 a.m.
Mar. 24	Daffodil Cup <i>American Lake Tacoma, WA</i>	8 a.m.
Mar. 31	NCRC Invitational <i>Vancouver Lake Vancouver, WA</i>	8 a.m.
Apr. 7	Governor's Cup Regatta Riverfront Park Salem, OR	8 a.m.
Apr. 14	Covered Bridge Regatta <i>Dexter Lake Eugene, OR</i>	7 a.m.
Apr. 21	NCRC Championships <i>Lake Stevens Lake Stevens, WA</i>	7 a.m.
Apr. 27-29	WIRA Championships <i>Lake Natoma Sacramento, CA</i>	8 a.m.
May 5	Windermere Cup Opening Day Regatta <i>Montlake Cut Seattle, WA</i>	10 a.m.
May 25-27	DIII Women's Rowing Championships <i>Melton Hill Lake Oak Ridge, TN</i>	8 a.m. (EDT)

Home event in **Bold Face**

Men's & Women's Rowing

Jones Named Second Team All-America

Willamette University junior rower Laura Jones (Boise, ID/Boise HS) has received a prestigious honor by being named NCAA Division III Second Team All-America by the Collegiate Rowing Coaches Association (CRCA) for the 2006-07 season. The CRCA Pocock All-America squad includes eight rowers on the First Team and eight rowers on the Second Team.

"Laura Jones works hard! Her work ethic is contagious," Willamette Head Coach Susan Parkman said. "She is able to row either side and to row in any seat. Her goal is to win and to do all she can in preparation and on race day to assure she is not alone with her goals. Her ability to build a team through her actions is evidenced by our team's improvement with each race."

Jones helped Willamette rank third in the Northwest Region of NCAA Division III in the women's varsity eights and first in the Northwest Region in the women's varsity fours. She was a leader as Willamette took second place in the Petite Final at the Western Intercollegiate Rowing Association (WIRA) Championships and placed seventh at the Northwest Collegiate Rowing Conference (NCRC) Championships. Jones also helped WU placed fifth in the Grand Final for women's varsity fours at the WIRA Championships. WU's fifth place finish was the top result for an NCAA Division III crew in the WV4 race.

The Willamette women's varsity eight was ranked #20 in the cMax rankings for NCAA Division III released on May 15. Other Northwest Region teams in the rankings were the University of Puget Sound at #4, Pacific Lutheran University at #8 and Lewis & Clark College at #22.

Jones recently was chosen to participate in the U.S. Rowing National Team Development Camp and at the Women's National Team Freshman Camp, with both events set for this summer. She was one of just 22 rowers and two coxswains selected for the Freshman Camp.

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