



Institute for Continued Learning Digest

Welcome to the **Golden 50th Edition** of the ICL Senioritis

Vol. 50 March 10, 2021

Editors: GwenEllyn Anderson and Dave MacMillan

ICL Update:

- Can you believe it? This is the **50th edition** of the ICL Senioritis newsletter! That means we haven't met as a group in person for about 1 year. The first newsletter came out on **March 19, 2020** ([check it out](#)), soon after Willamette removed our ability to meet on campus. The newsletter was meant to keep ICL connected, provide educational opportunities, entertainment, and to notify members of events, virtual and otherwise... **Note: there are 4 pages in this Golden 50th Edition**
- **Thursday, March 11th: ICL Class at 10am.** Yes! There are 2 classes this week. Thursday's topic is "**The Push and Pull of Marine Technology: Driving the New Blue Economy**" with Dr. Spinrad via Zoom.
- **Monday, March 15th: ICL Wine Club** at 4:30pm on Zoom

Brain Awareness Week - March 15-21

Brain Awareness Week was started by the DANA Foundation (Charles A. Dana) in 1995 to increase public awareness of the progress being made in brain research. Typically, the week includes lectures, panel discussions, lab tours, art exhibitions, brain fairs and lessons for schools. The week now includes partners across the globe – national neuroscience societies and organizations, publishers and universities.

There is much that researchers still don't understand about the brain and are learning more each day. What is known is that a healthy diet, exercise and the right amount of sleep is needed for the brain to perform its best and maintain its cognitive abilities.

Some fun facts about the brain: (Healthline, 2021)

- Successful brain surgeries go as far back as the Stone Age.
- Headaches are caused by a chemical reaction in your brain combined with the muscles and nerves of your neck and head.
- Cholesterol is key to learning and memory, however high cholesterol has different effects depending on your age and other factors.
- A brain freeze happens when something you eat or drink is really cold. It chills the blood vessels and arteries in the very back of the throat, including the ones that take blood to your brain. These constrict when they're cold and open back up when they're warm again, causing the pain in your forehead.
- Eyewitness accounts of criminal suspects are only about 50% accurate because it is difficult for your brain to remember the details of someone you're not familiar with, especially under stress.

The Spring 2021 Schedule is posted online:

- [Link to ZOOM classes.](#)
This is the same link each week.
- on the [Google Calendar](#)
- the [full online version](#)
- and the [Schedule Reports](#)
- [Recorded Presentations!](#)

Missing ICL Friends?

Join us for...

- [Virtual Happy Hour](#) on Fridays at 4:30PM.
- [Zoom Help](#) - Find tips, FAQ, and other resources available on the ICL Website.

Science on Tap! Bird Life: The Family Life of Birds

DATE: Wednesday, March 10;
7:00-8:30pm

Tickets are FREE:

[Register here](#)

State of the City

Presentation Set: March 10

Salem Mayor Chuck Bennett will present this year's State of the City Address via [YouTube](#) and Comcast CC:Media Channel 21 with the premier Wednesday, March 10, at noon.

This is an opportunity for the Mayor to share his assessment of the year past and provide a glimpse of the year to come.

Hatfield Lecture Series tickets on sale now.

For twenty-three years, the Oregon Historical Society's [Mark O. Hatfield Lecture Series](#) has earned a reputation for hosting America's most prominent historians, biographers, and public officials. The series began at the suggestion of Senator Hatfield, and continues as a tribute to his legacy of public service and as an opportunity to share stories of the people and events that have shaped American history.

Due to the postponement of our 2020 Mark O. Hatfield Lecture Series, our 2021 series line-up will only include two speakers. Read on for additional benefits available to patron and reserved ticket holders attending this virtual series! [Buy Tickets Now](#)

Joanne B. Freeman

Tuesday, March 16, 2021 at 7pm

Joanne B. Freeman is an expert on early American politics. Her newest book, *The Field of Blood: Violence in Congress and the Road to Civil War*, explores the impact and legacies of physical violence in the U.S. Congress leading up to the Civil War.



[Stay tuned to future newsletter for more or visit the website...](#)

- **Amanda L. Tyler - Tuesday, April 13, 2021 at 7pm**
- **Jon Meacham - Tuesday, May 11, 2021 at 7pm**

All lectures begin at 7pm PT and will be broadcast virtually at hatfieldlectureseries.org. OHS will send an access link and password by email one week prior to the lecture. Each lecture will be recorded and available to ticket holders on the website listed above using your unique password until midnight 30 days following the lecture.

[Hallie Ford Museum of Art reopens February 25 with new exhibitions and works on view](#)

[The Hallie Ford Museum of Art](#) will reopen to the public on Thursday, February 25 with three new exhibitions. Timed entry tickets will be required and can be purchased online at www.willamette.edu/go/hfma. With federal and state guidelines constantly evolving, the museum recommends visiting the website for the most current information and visitor guidelines. Hours of operation will be Tuesday through Saturday from noon to 5 p.m.

New Exhibitions:

[“Forgotten Stories: Northwest Public Art in the 1930s”](#) represents the first major exhibition to feature an extensive overview of the largely “forgotten stories” of the bounty and variety of work created in our region during the economic hard times of the 1930s through nationally supported art projects. The exhibition features approximately 72 artworks created in Oregon, Washington, Idaho, and Montana and includes paintings, murals, prints, drawings, photographs, and sculptures, as well as furniture created

The event will remain on YouTube for later viewing and will have additional airings on Comcast CC:Media Channel 21 scheduled for:

- March 11 - 7 p.m.
- March 13 - 2 p.m.
- March 14 - 10:30 a.m.
- March 16 - 6 p.m.
- March 19 - 9 a.m.
- March 21 - 9 a.m.
- March 24 - 5 p.m.
- March 26 - 8:30 p.m.
- March 27 - noon

[Salem Cinema Reopening March 12th!](#)

Tickets on sale now!

Watch a tiny spider snag a bug [50 times its weight.](#)



Relax to the soothing sounds [of a stingray snacking.](#)

OMG

Text talk for ‘Oh my God’ was used in a letter to Churchill from a retired British naval officer in 1917.

It was officially entered into the Oxford English Dictionary in 2011 because of its use in texting. The letter predates internet slang by more than 90 years!

[International Women's Day: Illustrating the Covid-19 pandemic By Dhruti Shah \(BBC News\)](#)

Ahead of International Women's Day on 8 March, we invite you to meet three women who are using their artistic talents, combined with

for Timberline Lodge. "Forgotten Stories" reintroduces a number of talented figures whose names are now unknown, and also includes early work by prominent figures like painter Morris Graves and photographer Minor White. This exhibition in the Melvin Henderson-Rubio Gallery and the Maribeth Collins lobby continues through **March 27**. More information can be found at: willamette.edu/go/forgotten-stories.

[Stay tuned to future newsletter for more or visit the website...](#)

- ["Gold of the Caliphs: Medieval Islamic Coins from the Gary Leiser Collection of the Hallie Ford Museum of Art"](#)
- ["Crow's Shadow Institute of the Arts Biennial"](#)

Virtual and Online Viewing Options

For those who are unable to visit the museum in person at this time, the museum has created a number of ways to experience the museum and to celebrate the visual arts through a variety of virtual and online offerings that can be found at willamette.edu/go/hfma-virtual21. The "Forgotten Stories" exhibition includes a 360° virtual tour, a four-part lecture series and a four-part self-guided film series. More options can be found on the website.

Be sure to check out special loans that can be found throughout the museum, including **Auguste Rodin's "The Weeping Burgher (Andrieu d' Andres)"** which was conceived in 1884-5 and cast in bronze in 1974, as well as special loans made possible through the Art Bridges Foundation which include Barkley Hendricks' "Brenda P" and John Frederick Kensett's "Beacon Rock, Newport," and more.

Yatika Starr Fields
Impressions of Sanguine

Director John Olbrantz says, "We are excited to finally be reopened after being closed for the last three months due to the coronavirus pandemic and look forward to seeing you in the galleries one day soon."

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Heteronyms (submitted by Carmen Schmitz):

We do speak a weird language. Can't imagine trying to learn English as a second language.

Homographs are words of like spelling but with more than one meaning. A homograph that is also pronounced differently is a heteronym. You think English is easy?? I think a retired English teacher was bored...THIS IS GREAT !

*Read the PS.....This took a lot of work to put together!**

- 1) The bandage was *wound* around the *wound*.
- 2) The farm was used to *produce produce*.
- 3) The dump was so full that it had to *refuse* more *refuse*.
- 4) We must *polish* the *Polish* furniture.
- 5) He could *lead* if he would get the *lead* out.
- 6) The soldier decided to *desert* his dessert in the *desert*.

their expertise in the fields of science, health and technology to help the fight against coronavirus.

This month in history:

1781:

Formal ratification of the Articles of Confederation making Congress the sole governing body of the new American national government of the 13 original states. The Articles remained in effect until the end of the Revolutionary War in 1789 when the current Constitution was adopted.

1836: Fort Alamo fell to Mexican troops. "Remember the Alamo" became the rallying cry for Texans who went on to defeat General Santa Ana.

1862: The U.S. government issued the first paper money in the form of \$5, \$10 and \$20 bills.

1911: A fire in a garment factory killed 123 women in the Triangle Shirtwaist tragedy.

1961: President John F. Kennedy established the Peace Corps.

1974: Seven former high-ranking officials of the Nixon White House were indicted for obstructing the investigation of the Watergate break-in.

1979: The Three Mile Island nuclear power plant accident released radioactive steam into the air.

1989: The oil tanker Exxon Valdez ran aground in Prince William Sound leaking 11 million gallons of oil over 45 miles.

- 7) Since there is no time like the *present*, he thought it was time to *present* the *present*.
- 8) A *bass* was painted on the head of the *bass* drum.
- 9) When shot at, the *dove dove* into the bushes.
- 10) I did not *object* to the *object*.
- 11) The insurance was *invalid* for the *invalid*.
- 12) There was a *row* among the oarsmen about how to *row*.
- 13) They were too *close* to the door to *close* it.
- 14) The buck *does* funny things when the *does* are present.
- 15) A seamstress and a *sewer* fell down into a *sewer* line.
- 16) To help with planting, the farmer taught his *sow* to *sow*.
- 17) The *wind* was too strong to *wind* the sail.
- 18) Upon seeing the *tear* in the painting I shed a *tear*.
- 19) I had to *subject* the *subject* to a series of tests.
- 20) How can I *intimate* this to my most *intimate* friend?

Let's face it - English is a crazy language. There is no egg in eggplant, nor ham in hamburger; neither apple nor pine in a pineapple. English muffins weren't invented in England or French fries in France. Sweetmeats are candies while sweetbreads, which aren't sweet, are meat. We take English for granted. But if we explore its paradoxes, we find that quicksand can work slowly, boxing rings are square and a guinea pig is neither from Guinea nor is it a pig.

And why is it that writers write but fingers don't fing, grocers don't groce and hammers don't ham? If the plural of tooth is teeth, why isn't the plural of booth, beeth? One goose, 2 geese. So one moose, 2 meese? One index, 2 indices? Doesn't it seem crazy that you can make amends but not one amend? If you have a bunch of odds and ends and get rid of all but one of them, what do you call it?

If teachers taught, why didn't preachers praught? If a vegetarian eats vegetables, what does a humanitarian eat? Sometimes I think all the English speakers should be committed to an asylum for the verbally insane. In what language do people recite at a play and play at a recital? Ship by truck and send cargo by ship? Have noses that run and feet that smell? How can a slim chance and a fat chance be the same, while a wise man and a wise guy are opposites? You have to marvel at the unique lunacy of a language in which your house can burn up as it burns down, in which you fill in a form by filling it out and in which, an alarm goes off by going on.

English was invented by people, not computers, and it reflects the creativity of the human race, which, of course, is not a race at all. That is why, when the stars are out, they are visible, but when the lights are out, they are invisible.

PS.- Why doesn't 'Buick' rhyme with 'quick'? AND If a male goat is called a ram and a donkey is called an ass, why is a ram-in-the-ass called a goose?

2003: The US launched an attack against Iraq ending 21 days later with the end of Saddam Hussein's dictatorship.



Word to know: Limn

(lim) verb; Late Middle English, unknown

1. Depict or describe in painting or words.
2. Suffuse or highlight (something) with a bright color or light.

"One of her greatest talents as a writer is limning difficult emotions into clear, concise sentences."

"After class, Terese made sure to limn each important topic with a bright yellow highlighter."

"Appreciation is a wonderful thing. It makes what is excellent in others belong to us as well."
Voltaire

Questions? Send us a message at [ICL Digest](#)

[Newsletter Archives](#)