



Institute for Continued Learning Digest

Welcome to the 59th Edition of the ICL Senioritis

Vol. 59, May 12, 2021

Editors: GwenEllyn Anderson and Dave MacMillan

ICL Update:

- **ICL Coffee Break! Tuesdays at 10am** On [ZOOM](#) We're bringing back the *Coffee Break* now that classes are done for Summer break. The Tuesday lunch group that used to meet at Goudy in the Summer months is still on hiatus during the pandemic. But we can still see each other and chat! Feel free to join us on **Tuesdays at 10am** using the same link we used for classes - *every Tuesday until classes start again.*
- **End of the Year Survey:** The Curriculum Committee and Board would like your feedback about your experiences with Zoom and ICL this past year. If you haven't submitted your responses, please take the time to fill out this survey. ***Much appreciated!***
- **Membership Survey:** 138 people have said they want to remain in ICL. 5 have said they will not be returning. The Board has decided to accept new members this Fall which will get us back to 160 members. *(Note that the number of people not returning is low because people can still Zoom into classes even if they have moved away.)*

Message from Curriculum Services:

This summer will prove to be a busy one for Curriculum members. As Judy and I said goodbye to our resigning members, we needed to fill these advisory slots with new members. At the same time, Judy and I are rewriting our Policies and Procedures as asked by the Board. As of today, I can announce those who will be advising us in the development of the Class Schedule and editing the Policies and Procedures. They are, Solveig Holmquist (Musical Director), Jeanette Flaming (Social Sciences), Tom Hibbard (Social Sciences, Economics), Eric Reif (Social Sciences and Law), Joan Robinson (Law and Humanities), Barbara Sellers-Young (Theater, Performing Arts, Philosophy), Lois Rosen (Writing Group, Creative Writing), Rebecca Miller-Moe (Book Reviews, Book Discussions), Bill Foster (Applied Science, Engineering), GwenEllyn Anderson (Natural Sciences, Technology), Dave MacMillan (Technology). When Field Trips can be back on the Schedule, the co-Chairmen are Stephen Gram and Dominic Spedale.

The Curriculum Committee will continue to meet on Zoom on the second Thursday at 1PM during the semester. These meetings will be announced on the ICL Calendar as well as in the Newsletter. The meetings are open to the membership and we welcome your ideas for presentations. As always, you can email Dru Johnson or Judy Gram with your suggestions at any time.

The important part of any academic organization is a recognition of

Handy Links:

- Link to [ZOOM](#) classes, Board meetings, Coffees, Happy Hour, etc.
- [Calendar](#): Classes, etc.
- [Schedule Reports](#)
- **[Recorded Classes!](#)** More recordings are available in the [password protected area](#) for members only. Others are not available at all without permission from the presenter.
- [Zoom Help](#) - Find tips, FAQ, and other resources available on the ICL Website

Missing ICL Friends?

Join us for...

- [Tuesday morning Coffee Hour](#): 10 AM every Tuesday.
- [Virtual Happy Hour](#) on Fridays at 4:30 PM.
- [ICL Wine Club](#). Every third Monday at 4:30 PM..

ICL Survey response:

"Zoom is like eating oatmeal - Filling but not that satisfying."

Netflix Movie: Dick Johnson Is Dead

To help her dad (and herself) cope with his declining health and eventual death, a woman stages fake accidents that kill her father. They're all fake, of course. They play to laughs, and inspire the title of the film, but they're really only a

DIVERSITY. We would like to add an advisor of diversity to the Curriculum Committee. If you would like to participate in this area, let Judy or me know.

I wish to recognize Karen Trucke for her assistance in providing archived documents as we prepare to edit our Policies and Procedures. She spent hours providing us with this information for which we are most thankful.

Thanks to all that completed the recent survey. Dave and GwenEllyn created a survey that is providing guidance to Curriculum, Membership, Social Services and others as we adapt to a changing world. Your opinions were positive and supportive and a commitment to Willamette University ICL.

May Gardening Tips from OSU Extension Services:

In the Willamette Valley:

- Plant dahlias, gladioli and tuberous begonias in mid-May.
- Plant chrysanthemums for fall color.
- Plant snap and lima beans, brussels sprouts, cantaloupes, slicing and pickling cucumbers, dill, kale, pumpkins, onions and potatoes.
- Once soil is above 70° degrees, plant tomatoes, squash, melons, peppers and eggplant.
- Manage weeds while they are small and actively growing. Once the weed has gone to bud, herbicides are less effective.
- Prune off and destroy leaves affected by leafrolling worms on apples and blueberries.
- Monitor aphids on strawberries and ornamentals.
- Control for slugs by removing or mowing vegetation near garden plots.

[It's Time to Discover Salem's Heritage and Culture](#)

May is [Historic Preservation Month](#). Explore, learn and connect to Salem's history through attractions and walking tours you can find here.

- Salem: Capital of Culture
- Learn and connect
- Places to visit and explore Salem's history and culture
- Walk Salem's history

[Welcome to LegiScan](#)

In the modern world awareness of legislation and having information about the laws that affect daily life for all Americans is more important than ever. However tracking legislation from your local state legislature or across every capitol around the country including Congress can be a daunting task.

LegiScan launched to support the release of the national LegiScan data service, providing the nation's first impartial real-time legislative tracking service designed for both public citizens and government affairs professionals across all sectors in organizations large and small. Utilizing the LegiScan API, having nearly 20 years of development maturity, allows us to provide monitoring of every bill in the 50 states and Congress. Giving

small aspect of the film on the whole. (included with subscription)

[The Hidden Language of Mothers' Day Flowers](#)

By Erin Jang (NYT)

Show us your mask! [Send us a photo of your favorite COVID mask.](#)

[Memories - Single by One Voice Children's Choir](#)

Taproot Old Mill Cafe...

- is now open... again!
- Located at Willamette Heritage Center
- Wed.-Sat. 4 PM - 11 PM
- Sunday 10 AM - 11 PM
- Plenty of outdoor dining space waiting for you!

Salem makes The Discoverer's list of [Totally Underrated Cities in the USA](#)

[Remember the Homeless Chess Champion? The Boy Is Now a Chess Master:](#)

NY Times by Nicholas Kristof.

[This is MARS in 4K UHD](#)

by Seán Doran©

Made with MastcamZ

images from *Perseverance Rover* / Sol 004 / Jezero Crater / Mars

Source data was denoised, repaired, graded and upscaled for this film.

Images by NASA /

JPL-Caltech / ASU / MSSS

Music by [Chris Zabriskie](#)

our users and clients a central and uniform interface with the ability to easily track a wide array of legislative information. Paired with one of the country's most powerful national full bill text legislative search engines.

We instill individuals with the information to become more engaged and aware of the happenings of the legislation that affect their daily lives. An informed electorate is an essential part of a democracy to make decisions on how citizens choose to be represented with our tools to follow and research the legislative process.

Three Pillars:

- **Research:** Identify legislation of interest or concern through the LegiScan national legislative search engine, receive alerts based on saved full text keyword searches when bills are introduced that match your criteria.
- **Monitor:** Build a personalized and categorized list of monitored legislation to follow through the process and receive updates when there are changes or activity to your tracked bills.
- **Report:** Generate dynamic status reports of monitored bills with numerous reporting and formatting options that can also be shared with clients or other interested parties.

[Watch Webinar](#)

Our Mission: Bringing People To The Process without bias or conflict; we believe that each individual in a democracy has a voice, and it is through increased awareness and engagement that you facilitate that voice, enabled by the data and tools provided at LegiScan.

[Oregon Legislature | 2021 | Regular Session](#)

[The CDC's new mask guidance explained in 2 handy charts — one for outdoors, one for indoors](#)

The [Centers for Disease Control and Prevention](#) wants people to know there are clear, personal benefits to getting vaccinated.

The CDC released new guidelines for when fully vaccinated people — that is, those who've allowed their shot(s) two full weeks to take effect — can take off their masks. [...continue reading...](#)

*(See **CHART** on page 4)*

Local and Virtual Events! * New Feature *****

(click on links to find out more information about these upcoming events)

- **Reminder: [Our Salem Vision Policy Meetings](#)**
 - **Wednesdays at noon and 5:30pm:** [Find out more and get links](#)
- **[Hallie Ford Museum of Art Upcoming Exhibition: Tangent: Senior Studio Art Majors 2021](#)**
April 17 – May 15, 2021 | Melvin Henderson-Rubio Gallery
- **[Mid-Valley Travel Club: May 13, 2021 | 7:00 PM](#)**
- **[Willamette University 2021 COMMENCEMENT: Sunday, May 16, 2021:](#)** Unfortunately, and with much regret, Commencement must proceed with a virtual Commencement ceremony, not in person.

**People will forget what you said.
People will forget what you did. But people will never forget how you made them feel.**
- Maya Angelou

A Word to Know:

Corrigendum

(kor-ə-JEN-dəm) noun
Origin: Latin, early 19th century

1. A thing to be corrected, typically an error in a printed book.

"The editor issued a corrigendum for the incorrect date in the final copy."

"The small typo didn't merit a corrigendum, but the newspaper still received emails with a correction."

Revisionist Fairy Tales:





























Hoping to drive home the moral that people should not trust "wolves" no matter how sweet and charming they may be, the first printed "Little Red Riding Hood" ends with the wolf gobbling up the titular girl. While this proved very popular, later authors softened the tale by adding a huntsman that happens to wander by in time to extract Red and Granny whole from the wolf's tummy.

Questions?

Send us a message at [ICL Digest](#)

[Newsletter Archives](#)

Choosing Safer Activities

	Unvaccinated People	Your Activity	Fully Vaccinated People
		Outdoor	
Safest		Walk, run, or bike outdoors with members of your household	
		Attend a small, outdoor gathering with fully vaccinated family and friends	
		Attend a small, outdoor gathering with fully vaccinated and unvaccinated people	
Less Safe		Dine at an outdoor restaurant with friends from multiple households	
Least Safe		Attend a crowded, outdoor event, like a live performance, parade, or sports event	
		Indoor	
Less Safe		Visit a barber or hair salon	
		Go to an uncrowded, indoor shopping center or museum	
		Ride public transport with limited occupancy	
		Attend a small, indoor gathering of fully vaccinated and unvaccinated people from multiple households	
Least Safe		Go to an indoor movie theater	
		Attend a full-capacity worship service	
		Sing in an indoor chorus	
		Eat at an indoor restaurant or bar	
		Participate in an indoor, high intensity exercise class	

Get a COVID-19 vaccine



Prevention measures not needed



Take prevention measures

Fully vaccinated people: wear a mask
Unvaccinated people: wear a mask, stay 6 feet apart, and wash your hands.

- Safety levels assume the recommended prevention measures are followed, both by the individual and the venue (if applicable).
- CDC cannot provide the specific risk level for every activity in every community. It is important to consider your own personal situation and the risk to you, your family, and your community before venturing out.