



Institute for Continued Learning Digest

Welcome to the 86th Edition of the ICL Senioritis

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Editors: GwenEllyn Anderson and Dave MacMillan

ICL Update:

- **ICL Board Meeting:** Tomorrow, **Nov. 18** at 10:00 AM; all members are welcome to attend via [Zoom](#); [October 21st Minutes](#) (draft)
- **Curriculum Committee Meeting:** Tomorrow, **Nov. 11** at 1:00 PM on [Zoom](#); all members are welcome.
- Now that most of us have a Compass Card from Willamette University, we are permitted on campus (masked) and have access to certain amenities: [Mark Hatfield Library](#), [Theatre](#), [Music](#), [Hallie Ford Museum of Art](#) (free), [Goudy Commons Cafe and other Food options](#), [The Bistro](#) (the best cookies in town), campus [WiFi](#) (see recent email), [WU email](#)

CURRICULUM COMMITTEE: a message from Dru and Judy

You may wonder how the Curriculum Committee finds the topics to place in the schedule? The simple answer is that we read, and read, and read. Judy is a retired librarian, and Dru has worked as a library volunteer for 20 years. Some members of the Committee are members of book clubs, and others developed the joy of reading from childhood parental influence. If you are an avid reader, please share your interests and discoveries with us as we begin scheduling for the semester of Fall, 2022.

With the Holidays approaching, and ICL winter break in two weeks, the opportunity arises to be able to get familiar with a few of the topics we will be presenting in the Spring semester. We would like to recommend four 5-star books that you may ask Santa to put under the tree to prepare and peak your curiosity.

1. **Rock, Paper, Scissors by Alice Feeney.** A domestic thriller whose plot is based on the neurological condition of facial blindness. What is it like to have this condition and what is it like to live with a person with facial blindness? Plus, it's a 5+ thriller! Our scheduled presentation is February 3, 2022.
2. **"We have a long fight and this fight is not mine alone, but you are not free whether you are white or black, until I am free."** - Fannie Lou Hamer *Until I Am Free: Fannie Lou Hamer's Enduring Message to America* by Keisha N. Blain.
3. **Walk With Me:** A Biography of Fannie Lou Hamer by Kate Clifford Larson. This stirring biography captures the full spirit and voice that led the fight for freedom and equality. Our scheduled presentation is February 17, 2022.
4. **Thunder Go North** - The Hunt for Sir Francis Drake's Fair and Good Bay by Melissa Darby. Scheduled lecture, March 10, 2022. The anthropologist, author and presenter makes a compelling case that Sir Francis Drake's crew landed their stricken ship on the Oregon Coast, not California. She uncovers the details of how an early twentieth-century hoax succeeded in maintaining the California landing theory and silencing the contrary evidence.

Handy Links:

- [Link to ZOOM classes, Board meetings, Coffees, Happy Hour, etc.](#)
- [Calendar](#): Classes, etc.
- [Schedule Reports](#)
- [Recorded Classes!](#) More recordings are available in the [password protected area](#) for members only. Others are not available at all without permission from the presenter.
- [Zoom Help](#) - Find tips, FAQ, and other resources available on the Website

Missing ICL Friends?

Join us for...

- [Virtual Happy Hour](#) on Fridays at 4:30 PM.
- [ICL Wine Club](#). Every third Monday at 4:30 PM.

The [American Tomb of the Unknown Soldier](#) turned 100 this year.

[Best Nonfiction of 2021](#)

Best Sci-Fi, Fantasy, Horror, Romance & Graphic Novels of 2021 | Best Kids' and Young Adult of 2021

Can a year's worth of fiction really be distilled into a short list of the very best work? If you like a book, it's good; there's no value in snobbery. But there are always books that shift to the top of the pile, through exemplary prose, or intriguing situations, unusual characters, and narrators who see right through into the heart of you. This is the [short list](#) of the books that amazed us in 2021, and we think they'll amaze you too.

[First-year student to perform with Oregon Symphony, Oregon Ballet](#)

[Trinity Goff](#) '25 will perform Nov. 19 with the Oregon Symphony and Oregon Ballet Theatre orchestras in Portland as part of an award recognizing her outstanding talent. ...[continue reading](#)...

[Listen to her interview](#) on All Classical Portland's "On Deck with Young Musicians."

The Do's and Don'ts of Sharing Good News

Social media has changed a lot about how people interact with one another — including how we share good news. Whether it's a new job or a personal accomplishment, it's important to acknowledge hard work and celebrate achievements, even if it might feel uncomfortable. When sharing in person, or on social media, there's a formula for giving yourself a well-deserved (and received) pat on the back.

How to Share Your Accomplishments

Lead with the good news: For some, this may seem agonizing. Who self-promotes if they're not applying for a job? But writing — or sharing — a straightforward brag lets the speaker highlight their accomplishments and gives the readers a chance to share in their joy.

Example: So excited to announce I just signed a deal for my latest book. Keep your eyes peeled for its release date!

Keep it brief and clear: Save the play-by-play recaps for a long dinner with your friends. When announcing your news, have a few lines ready to summarize the accomplishment.

Example: I've been working really hard this past year to earn a promotion at my job. I just successfully negotiated for a new title, and I'm excited to get started.

When in doubt, be sincere: Even if you're nervous to share your accomplishment or your big news, just remind yourself that your excitement will come through, and your friends and family are eager to share in your joy.

[The Atlas of Drowned Towns - Recovering the Histories of Inundated Communities](#)

The Aims of the Atlas

The Atlas of Drowned Towns is a public history project that explores the histories of the dozens of communities in the American West inundated by dam construction in the twentieth century. Massive hydroelectric, irrigation, and flood control dams tower over western rivers, from the Snake and Sacramento to the Columbia and Colorado. Beneath the shadows and underneath the reservoirs of these dams lie the remnants of towns, villages, and small settlements that were displaced or eliminated to make way for twentieth-century ideas of progress. For the broader public as well as policy makers, these disappeared places have passed out of memory and into myth. Recovering the submerged pasts of lost communities will reveal the historical significance of marginalized places in the American West, encourage appreciation of the complexity of such places, and provide lessons for the future of river development and community displacement.

Museums can get a bad rap as being stuffy and, for some, rather boring. But check out these [cool museums in the nation](#).

Netflix Series: [New Girl](#)

(7 Seasons) After a bad break-up, Jess, an offbeat young woman, moves into an apartment loft with three single men. Although they find her behavior very unusual, the men support her - most of the time. (IMDB)

Movie: [Finch](#) (Apple TV)

with Tom Hanks

On a post-apocalyptic earth, a robot, built to protect the life of his creator's beloved dog, learns about life, love, friendship and what it means to be human. (IMDB)

[Archaeology reveals Cold War nuclear bunkers in Poland](#)

By Erin Blakemore (National Geographic)

The clandestine sites were once home to hundreds of nuclear warheads—a lethal secret kept from the country's people.

Apollo 11 astronauts had to go through customs...

upon their return to Earth. The form they filled out in Hawaii lists their flight from Cape Kennedy to Honolulu, with a stopover on the moon, and includes "moon rock and moon dust samples" among their cargo.

In 2001, Pizza Hut delivered

a pizza to the International Space Station, becoming the first fast food eaten in space.

The 100 best [inventions of 2021](#) in several categories.

Fun Fact: Knowing Your History...

June became common for marriages, in part because of the better weather, but mostly because in the 16th century, people took their annual bath at

From its initial focus on the Snake River, [The Atlas of Drowned Towns](#) will expand first to other western watersheds and then to lost communities elsewhere in North America and beyond.

Who's Behind the Atlas

The Atlas of Drowned Towns is a public history project led by **Bob H. Reinhardt**, an assistant professor of history at Boise State University. The project has its origins in Bob's MA thesis from the University of Oregon (2005), later revised and published as *Struggle on the North Santiam: Power and Community on the Margins of the American West*, (Oregon State University Press, 2020). That thesis and book included a chapter on Detroit, Oregon, a drowned town to which Bob compared another drowned town, Hover, Washington, in a 2011 award-winning article for the *Western Historical Quarterly*.

Learn more about Bob's research at his ScholarWorks page: <https://works.bepress.com/bob-reinhardt/>

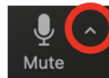
[Share Your Knowledge!](#)

Tech Tip: Increasing the volume in a Zoom session

To be sure that you have the volume set for any Zoom session, first check your computer volume setting. Then, open the Zoom session and go to the Mute button on the left at the base of your Zoom screen (not computer screen).

Click on the up arrow to reveal several options.

Find the Audio Settings (usually at the base).



Be sure that the Output Volume and Input Volume are set. (You may have to uncheck Automatically adjust microphone volume.) Use Same as System option.

At this site you can also Test your Mic for when you speak and for hearing what is coming through Zoom.

One last thing: At the base of the Settings is an Advanced link. Click on that to be sure that you have Echo Cancellation on Auto.

Local and Virtual Events!

- Zooming [Back to History](#): A Community History Speaker Series from Willamette Heritage Center (online) **Next: November 18** with Andréa Kuenzi & Larry Landis, "[Oregon's Century Farm and Ranch Program](#)"
- **Science on Tap: A Dog's World** - Imagining the Lives of Dogs Without Humans. November 18; 7:00-8:30PM PST Free. To Register and for more information, [check here](#).
- [Oregon Symphony at Smith Auditorium](#), Willamette, Friday, Nov. 19, 7:30pm. Award-winning violinist, James Ehnes, plays Mozart.
- [Willamette Art Center presents: EMPTY BOWLS](#) - Sat. **Nov. 20th** | 9:00 AM - 5:00 PM
- [Elsinore Theatre Wednesday Film Series](#): Every Wednesday at 2pm and 7pm; Tickets are \$10
- [Camerata Musica](#) - Chamber music society of the Mid-Willamette Valley: [Piano trios by Beethoven, Ravel, and Arensky](#) | Sunday, **November 28**, 2021 | 2:30 PM | Unitarian Universalist Congregation of Salem (corner of Cordon Rd and Center St)

the end of May or beginning of June. A marriage at this time insured that the family and guests were more likely to smell better. The bride carried a bouquet to help keep distracting odors at bay.

Everything declines after reaching perfection, therefore let no man be beguiled by the sweetness of a pleasant life.
- Abu al-Baqa Al-Rundi

A Word to Know: Ataraxy

(ADD-uh-rack-see) noun

Origin: Greek, 17th century

1. A state of calmness and tranquility

[The hidden beauty of the plants that feed the world](#)

Seen through a microscope, a cornucopia of common crops offer lessons on new techniques for making agriculture more sustainable. [See more...](#)

The best of [Nikon's Small World Photo Contest](#). Click on the photos to enlarge them.

I'm a multitasker...

I can listen, ignore and forget all at the same time.

The Finalists for the [Pet Comedy Photo of the Year](#)

We were born to smile.

Unlike speaking, smiling isn't a learned expression and researchers suggest it might be a genetic trait.

In medieval Europe, eels were sometimes used as currency. One contract shows a man renting a parcel of land with 26,275 eels.

Questions?
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