



# Institute for Continued Learning Digest

## Welcome to the 104th Edition of the ICL Senioritis

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Editors: GwenEllyn Anderson and Dave MacMillan

### ICL Update:

- **In-Person Classes:** ICL returned to a lovely and welcoming crowd on Tuesday to hear Dr. Gregory Anderson speak about the distribution of language endangerment across the world. The check-in process went smoothly and members got parking permits and enjoyed an array of pastries arranged for by the Social Committee. Thank you to all committee members who made this such a smooth return.
- **Thursday's ICL Presentation:** Sarah Bishop will talk about "[The Riddle of Russia](#)."
- **Boosted?** If you haven't done so yet, please email a digital photo of your vaccination card showing that you have received the COVID-19 vaccination and booster shot to [Vernelle Judy](#) or [Don Beckman](#). You will need to do this before attending ICL classes.
- **Note to membership:** Tuition is due on or before **April 26th**. Checks can be made payable to WU-ICI for **\$165**. Please mail checks to either Vernelle Judy or Don Beckman - **OR** hand them to Don when classes start in person after Spring Break (but before the end of class on 4/26).

### **The Collegian is the independent, student-run newspaper of Willamette University**

It strives to represent the diversity of perspectives on campus, publishing news and opinion on subjects of concern and interest to all members of the Willamette community. The Collegian is dedicated to educating its staffers on best journalistic practices while producing content of quality. It is dedicated to handling all matters accurately, transparently and impartially. [...learn more about The Collegian...](#) [Read Current Issue](#)



**Celebrate with us as we present a concert after two years of waiting!**  
**Schubert Mass No. 6 in E flat major**  
**Sunday, April 10, 2022 | 4:00 PM**

[Festival Chorale Oregon](#) makes their joyous return to singing after a two-year hiatus, performing Schubert's Mass No. 6 in E flat major. Franz Schubert was a genius, of course, known for his exquisite melodies and rich harmonies. Scholar Brian Newbould has called Schubert's Mass No. 6 "the triumph and swansong of [Schubert's] career." Written late in Schubert's short life, the work was not performed until after his death at age 31. His life and work came at the end of the Classic era (think Mozart and Haydn) and helped to usher in the Romantic period, along with his idol, Beethoven.

Founding artistic director **Solveig Holmquist** (ICL member since 2012) conducts the 80-voice choir and symphonic orchestra. Guest soloists are Amber Traver, soprano; Hannah Penn, contralto; Les Green, tenor; Nicolai Strommer, bass/baritone; with Bryan Cruz Gonzáles, tenor.

[For more information including how to purchase tickets.](#)

**Elsinore Theatre | 170 High ST SE, Salem, OR**

### Handy Links:

- [Link to ZOOM](#) for Board meetings, Happy Hour, etc.
- [Calendar](#): Classes, etc.
- [Schedule Reports](#)
- [Recorded Classes!](#) More recordings are available in the [password protected area](#) for members only. Others are not available at all without permission from the presenter.
- [Zoom Help](#) - Find tips, FAQ, and other resources available on the Website

### Missing ICL Friends?

Join us for...

- [Virtual Happy Hour](#) on Fridays at 4:30 PM.
- [ICL Wine Club](#) on the third Monday each month at 4:30 PM.

**[New government COVID site: Find COVID-19 guidance for your community by county.](#)**

### Your Top 10 Objects Your Kids Don't Want

by Elizabeth Stewart

Your house, and what it contains, is a minefield in the eyes of your grown children. They can see from your example that collections of stuff are a curse; such objects are superfluous to a life well lived. They want a clean, clear field in which to live their lives. Your grown children will not agree to be the recipients of your downsizing if it means their upsizing. [...continue reading...](#)

### [6 Historical Preservation Sites to Explore in the U.S.](#)

Keeping history alive is what the National Trust for Historic Preservation is all about. The nonprofit organization aims to

## [World Happiness Report 2022](#)

This year marks the 10th anniversary of the World Happiness Report, which uses global survey data to report how people evaluate their own lives in more than 150 countries worldwide. The World Happiness Report 2022 reveals a bright light in dark times. The pandemic brought not only pain and suffering but also an increase in social support and benevolence. As we battle the ills of disease and war, it is essential to remember the universal desire for happiness and the capacity of individuals to rally to each other's support in times of great need.

### [Read the Report](#)

### [Watch the launch of the 2022 World Happiness Report](#)

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## **Salem City Club: Salem Mayoral Candidate Debate: Friday, April 1, 2022 | 12:00 PM**

The Salem City Club is pleased to announce the first program in our series focusing on the political season. In any election 2-year cycle, Salem city government always has four of the eight council positions up as well as the mayor, who of course serves 2-year terms. For the first time in many years, much change could be in the works, since none of the five races has an incumbent. Our first program on Friday, April 1 focuses on the mayoral position, and will feature a debate between [Chane Griggs](#) and [Chris Hoy](#). Join us as we give the two announced candidates an opportunity to share their views on the future of our city.

### [Register for April 1st Mayoral Debate](#)

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## **Your Brain and Singing**

Researchers from the Massachusetts Institute of Technology have discovered that a specific set of neurons located in the auditory cortex of the brain respond to singing but not other sounds like speaking or instrumental music.

In a very small study, they suggest that there's a distinction in the brain between instrumental music and vocal music. They tested 15 participants' responses to 165 different noises, including toilet flushing, road traffic, dogs, barking, instrumental music, speaking and singing. Some neurons responded almost exclusively to singing, though they also had a small response to instrumental music and speaking. (Current Biology, February 2022)

The results confirmed previous findings from fMRI scans that some neurons respond only to speech or respond more strongly to music. However, they also revealed populations of neurons that appear to respond selectively to the sound of singing, showing only very weak responses to other types of music or speech alone.

"The singing voice is the only musical instrument that almost everyone is born with, so one might expect us to have a rather different relationship with human song, relative to other kinds of music," says Sophie Scott, a professor of cognitive neuroscience at University College London who was not involved in the research. "We know that there are some significant differences between the brain systems that control how we speak and those that control how we sing, so it's very interesting that some of these distinctions are also seen when we listen to human song."

The study will now look at what it is about singing that these areas of the

protect America's multicultural heritage, uplifting underrepresented people, and ensuring the places where history was made are accessible to all. The trust maintains 27 sites that are open to the public, but the ones you decide to visit are up to you.

### [Documentary: The Endurance: A Legendary Story Of Survival](#)

Captain Frank Worsley signs on as Captain of the Endurance to navigate Sir Ernest Shackleton and his crew to Antarctica. Learn how when the expedition ship is crushed; Worsley's seamanship and navigational skills saves them all. (YouTube | 52:10 min.)

### [Are Humans the Only Animals That Lie?](#)

By Avery Hurt  
Nonhuman animals can certainly deceive one another — and sometimes deceive humans. But are humans the only species that tell flat-out lies?

### **Word to Know: Scud**

(skəd) noun

Unknown origin, mid 16th century

1. (Mainly literary) A formation of vapory clouds driven fast by the wind. A mass of windblown spray; a driving shower of rain or snow; a gust.
2. The action of moving fast in a straight line when driven by the wind.

"The scud of clouds raced quickly across the sky."

"The water vapor formed a scud of fog that billowed across the field."

### **Portland Airport continues to make the list of the [Top 5 US Airports with the Best Food.](#)**

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**To make one pound of honey,** a bee would have to fly approximately 90,000 miles — or three times around the world.

brain are responding to – it is pitch and timbre, or melodies and rhythms, for example. They also hope to explore how this selectivity arose in our development.

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## Old and New Voting Districts Explained with Maps: 2021 Redistricting Process Complete

On September 27, 2021 the Legislative Assembly completed the adoption of new congressional and legislative redistricting plans for Oregon with the passage of Senate Bill 881 A and Senate Bill 882. These plans were signed into law by Governor Brown and subsequently upheld by the courts. Elections using these new plans will take place in 2022 with those elected taking their seats in January of 2023.

Elections in 2022 will use the new district lines with those elected taking their seats in January of 2023. *Legislators will continue to serve constituents in the current districts through 2022.* View the new district maps below.

**Step 1:** Click on each of the following maps; use the + and - buttons in the lower right to zoom in and out to locate where you live. Click inside the boundaries to see the District number.

- [View All New Senate Districts](#)
- [View All New House Districts](#)
- [View All New Congressional Districts](#)

**Step 2:** To get a better view of boundaries laid onto a more detailed map with street names, go back to [this page](#), find the district you want to look at more closely under the headings New Senate District Lines by District and New House District Lines by District. Click to open a more detailed map.

[View all 2021 Redistricting Information](#)

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## Find Salem Historic Buildings (Map)

Find historical buildings in Salem by clicking one of the dots on the map. A popup window will display the address and an image of the property selected. Click or tap the arrows at the top of the popup window to move through additional details. [Open the map in a fullscreen window](#) for easier mobile viewing.

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## Oregon Historic Sites Database

Tip: A City and Street Name search is the most common way to find properties.

## Oregon Historic Sites Map

Zoom in to an area to see dots on the map. Click on dots for more information.

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## Local and Virtual Events!

- **MUSIC: At Christo's Lounge** - from Solveig Holmquist
- **CCRLS Community Wellness and Recovery Workshops** - throughout January, February and March. Free with Registration.
- **WU Theatre: Wayfinding**, by Whitney Rowland - Directed by Lava Alapai; Runs through March 27th. Made-for-film staging (think Great Performances) [More info and ticketing](#)
- **Camerata Musica Salem:** Free Chamber Music Concerts at the Unitarian Universalist (UU) church unless specified, 5090 Center Street (Center Street and Cordon Road NE).

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## 5 of the Most Jaw-Dropping Train Routes in the World

Get ready to be amazed by landscapes and history that you just can't see by plane or car. Sit back and relax as we take you on the trip of a lifetime through the six most jaw-dropping train routes in the world.

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**Before erasers, people used bread to rub out pencil marks.** Back in the day, artists, scientists, government officials, and anyone else prone to making mistakes would wad up a small piece of bread and moisten it ever so slightly. The resulting ball of dough erased pencil marks on paper almost as well as those pink creations found on the end of No. 2 pencils today

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**The navel on a navel orange** looks similar to a belly button on a human, but it's actually a second "twin" orange that never got a chance to grow. It's also the reason that these delicious oranges are seedless.



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**The iconic KitchenAid stand mixer was invented by** Engineer Herbert Johnson in the early 1910s. When executives at Hobart Manufacturing Company had the product tested by their wives, one of them said: "I don't care what you call it, but it's the best kitchen aid I've ever used."

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## The 1,000-light-year-wide cosmic bubble around Earth

By Christopher Cokinos  
The Milky Way is blowing a star-forming bubble, and we're in the middle of it.

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**Questions?**  
**Send us a message at**  
**ICL Digest**

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**Newsletter Archives**