



Institute for Continued Learning Digest

Welcome to the 111th Edition of the ICL Senioritis

Vol. 111, May 18, 2022

Editors: GwenEllyn Anderson and Dave MacMillan

ICL Update:

- **Board Meeting:** Thursday, **May 19th** at 10:00 AM on [Zoom](#)
- **ICL Tuesday Lunches:** Goudy was closed yesterday, much to the surprise of those of us who showed up there for lunch. We have a plan. Stay tuned until further notice (email and/or newsletter).
- **Compass Cards** are good until September 1st (the date on them shows 5/31/2022, but that is incorrect)

Sadly, **Roger Budke** died on May 14th. Roger was a member of ICL from September 2014 until about a year ago when he and Janet moved to Portland to be near family. During that time, ICL members enjoyed at least 3 potpourris on art, science, and music that Roger was a part of and a presentation he and Janet did together on NW History. But his passion was music, in particular, jazz. He struggled for years with medical issues - made insurmountable by COVID and pneumonia at the end.



Willamette University Update:

- **Graduation** was this past Sunday, May 15th.
- **The Fitness Center** will be available for students, faculty, and staff on weekdays with limited hours.
- **Hatfield Library** remains open and is open to ICL members to check out books and movies for free using the Compass Cards..

May is Older Americans Month in Marion County

Every year in May, Older American Month is recognized across the nation and honors the growing number of older adults who enrich our communities through their diverse life experiences. Marion County has proclaimed May 2022 as "Older American Month" and urges residents to take the time during the month to recognize older adults and the people who serve them as vital members of our community. [Read the proclamation...](#) (May 4, 2022, County Commission)

Salem Public Library: The War on Ukraine: Voices of Resistance



May 24, 2022 | 5:00 PM to 6:00 PM

A timely presentation on the war in Ukraine from **Sarah Bishop**, Willamette University's Associate Professor of Russian. Her talk will highlight the war's impact on ordinary citizens and their acts of dissent.

Note: Professor Bishop presented at ICL on March 31st on the subject of "The

Riddle of Russia".

Handy Links:

- [Link to ZOOM](#) for Board meetings, Happy Hour, etc.
- [Calendar](#): Classes, etc.
- [Schedule Reports](#)
- [Recorded Classes!](#) More recordings are available in the [password protected area](#) for members only. Others are not available at all without permission from the presenter.
- [Zoom Help](#) - Find tips, FAQ, and other resources available on the Website

Missing ICL Friends?

Join us for...

- [Virtual Happy Hour](#) on Fridays at 4:30 PM.
- **Lunch on Tuesdays:** Goudy Commons about 11:30 AM

Voting & Elections

- [Track My Ballot](#)
- [Marion County Elections](#)
- [KGW Election News](#)
- [KGW YouTube](#)

[Oregon COVID-19 Update By OR. Health Authority](#)

[CDC COVID Data Tracker](#)

[Track Wildfires in the West \(NYT\)](#)

[1 in 6 Americans live in areas with significant wildfire risk](#)

Here is a detailed map of wildfire exposure across the country. See how many properties are at risk in your region. (Washington Post)

[May is Asian Americans and Pacific Islanders \(AAPI\) Heritage Month!](#)

[Friends of the Salem Public Library 2022 Spring Book Sale](#)

Are you wondering if The Friends will ever have a Book Sale again? Wonder no more! Save the Dates for the 1st Book Sale since Fall 2019:

May 13 - 15, 2022 and May 20 - 22, 2022

We will be having the Spring Sale over two weekends. As a bonus, not only have we not raised our prices, but each Sunday will be Bag Day.

“Zooming Back to History”: “Hops, Bullets, and Bulldozers – Salem’s Chinese American Brothers in the Greatest Generation”

With **Dr. Russell Low, MD.** | **Thursday, May 19** | **7:00 PM** | **on Zoom**

Willamette Heritage Center’s online speaker series, sponsored by Oregon State Capitol Foundation.

The speaker this week is Dr. Low is a California-born 4th generation Chinese American author who is a great-grandson of Hung Lai Wah, a Transcontinental Railroad worker, and Ah Ying, a rescued child slave. Exploring his family’s history, he has uncovered ripples that have changed the world, now including Salem’s connection to the Pacific War in WWII and is featured in his new book “The All-American Crew.” The story of his great grandparents and their descendants has been featured on the History Channel, BBC Radio, National Public Radio, the Voice of America, and is included in the California State Railroad Museum, and the Smithsonian Museum of American History.

The presentation will last approximately 45 minutes, and will then open the platform for attendees to ask questions. Once you get online, you will be able to submit questions via the “chat” box at the bottom of your screen or “raise your hand” for the speaker or the moderator to call on you. For more information on the talk, you can visit the website at:

<https://www.willametteheritage.org/zooming-back-to-history/>

3rd Annual Lord & Schryver Conservancy Neighborhood Garden Tour by [Lord & Schryver Conservancy](#): June 4th and 5th

Stroll through 12 unique residential gardens in Salem’s lovely Fairmount Hill Neighborhood. The self-guided garden tour is an annual fundraiser for Lord & Schryver Conservancy. Learn more about the organization and our tour sponsors at www.lordschryver.org. The one-day ticket price is \$30 per person ages 16 and older and free under age 16. A two-day ticket may be purchased for \$40 for those who prefer to tour at a more leisurely pace.

Limited timed entry tickets are required to manage capacity and safety. Select to come Saturday or Sunday and on the hour between 10am and 3pm. No tickets may be purchased on site during the garden tour.

Please note: Due to hilly and uneven terrain, accessibility to the gardens on this tour may not be safe or comfortable for those with mobility issues. Driving between individual gardens is discouraged to respect the privacy of the neighbors.

The tour begins with your check-in at Fairmount City Park where you will receive the tour map. If you drive, we urge you to park at the Eye Care Physicians & Surgeons lot at 2001 Commercial Street (cross street is Rural Avenue.) A free shuttle will take you from the parking lot to the Welcome Tent. Please consider taking public transportation. A bus stop is conveniently located at the corner of Commercial Street and Rural Avenue. There is limited free

[Oregon’s ‘digital fire lookouts’ watch horizon on remote cameras for signs of wildfire](#)

Amputee runner logs [104 marathons in 104 days.](#)

[Nobel Prize laureate David MacMillan talks science with Ukraine students as part of a global effort](#)

- Wendy Plump, Department of Chemistry

Joining scores of Nobel laureates who are trying to preserve some educational routine for wartime students, Princeton University’s David MacMillan presented a virtual science lecture this week to displaced Ukrainian youth. [Read more...](#)

[US Navy wirelessly beamed 1.6kW of power using microwaves](#)

A team of researchers at the U.S. Naval Research Laboratory (NRL) has successfully demonstrated wireless transmission of power over a distance of one kilometer (0.621 miles), the U.S. Navy said in a press release. [SCOPE-M press release](#) (watch video)

[The world’s most beautiful abandoned places.](#)

There are more than [164,000 miles of highway in the U.S. National Highway System.](#)

What to listen to [if you want to focus.](#)

[Hamsters enjoying nature.](#)

Waste time with [online coloring for adults.](#)

[Warhol’s Marilyn Monroe portrait fetches \\$195 million, setting modern record](#)

parking along Rural Avenue and neighboring streets.

Fairmount Park has public bathrooms, picnic tables and grassy areas to spread a blanket if you wish to bring a picnic meal. We are exploring the possibility of food trucks to purchase lunch or snacks.

Online Event Series: The Dirt on Soil

JUNE 16 and 23, 2022 | 11:00 AM

Please join us for this two-part online event series. The first event takes place on Thursday, June 16 and the second event follows on Thursday, June 23.

During the first 75-minute online event on Thursday, June 16, we'll hear why soil health matters and learn more about the correlation between common land use practices and the climate crisis.

In the follow-up, 75-minute online event on Thursday, June 23, we'll dig into what individuals and communities can do to build and protect healthy soil in their own yards, neighborhoods, and bioregions.

[Register once to attend both events.](#)

Note: If you can't make it to either of the live events, [register with a minimum donation of \\$25](#) to get access to the event recordings as soon as they are available.



Tech Tip: Increasing the size of fonts on your cell phone.

If you are an iPhone user, open *Settings>Display & Brightness>Text Size*. All you have to do is drag the slider to increase the text size to a setting that works best for you. You can also use the VoiceOver feature and have content read out loud to you. This setting, as well as Zoom and Magnifier Tools, can be found under *Settings>General>Accessibility*.

Android phones have similar settings. To increase your phone's font size, go to *Settings>Display>Font Size*. Adjust your font size to your liking by selecting small, normal, large, or huge. However, the sizing will vary, depending on the phone you have. (from Kendal on Hudson, 2018)

Local and Virtual Events!

- [Salem City Club presents: Post-COVID School: Lessons Learned...Looking Ahead](#) - Friday, **May 20**, 2022 | 12:00 PM – 1:00 PM | Zoom Webinar
- [Salem Art Association presents: BLACK MATTER](#) - **May 5 to June 25** A.N. Bush Gallery
- **Friends of Salem Public Library Spring Book Sale**: May 22 | 1:00 PM - 4:30 PM | Salem Public Library | Anderson Rooms A & B
- [Pink Martini featuring China Forbes](#) - Benefit Concert: Elsinore Theatre: Wednesday, **May 25**, 2022 | 7:30 PM
- **Hallie Ford Museum of Art Exhibition: April Waters: Water-Ice-Sky, Antarctica** - **May 7 - August 13** | Study Gallery and Print Study Center
- [Salem Art Fair is Back!](#): **July 15 – 17**, 2022; *Note: this year the Art Fair is free to Salem Art Association members.*
- [CCRLS Community Wellness and Recovery Workshops](#) - throughout April and May. *Free with Registration; [Download current schedule.](#)*

[Robot joins emperor penguin waddle in Antarctica, helps scientists capture data](#)

[10 Most Beautiful Snakes in the World](#) (YouTube)

[6 Unusual Libraries around the world.](#)

One of the internet's favorite [lists of life advice](#) (updated).

[Why is Gainsborough's 'Blue Boy' so famous? | National Gallery](#)

[Eggs Do It All](#)

Fry them until they're crisp and runny, boil them as a speedy snack or whip them into billowing clouds with these **24 recipes**.

Vulnerability in the face of constant change is what we share, whatever our present condition.
- Sharon Salzberg

Word to Know:

Malapropism

(MAL-əprop-iz-əm) Noun English, 18th century

1. The practice of unintentionally using the wrong word or phrase, usually to humorous effect

[The strangest museums in the US.](#)

A jiffy is equal to one-fiftieth of a second.

[Bodies surfacing in Lake Mead recall mob's time in Las Vegas](#)

Questions?

Send a message at ICL Digest

Newsletter Archives