Institute for Continued Learning Digest

Welcome to the 119th Edition of the ICL Senioritis
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ICL Dates to Remember:
- **Wine Club: July 18th at 4:30 PM**: If interested and have not already received information about the next in-person meeting, contact Dave MacMillan for details
- **ICL Board Meeting:** Thursday, **July 21st** at 1:30 PM via Zoom. All members are welcome.
- The **ICL Picnic** is on **August 25** at **Minto Brown Island…** stay tuned.
- **1st Day of Classes: September 6, 2022** from 10:00 AM - 12:00 PM

12TH ANNUAL RENAISSANCE FAIRE: CANTERBURY FAIRE

July 23, 24 and 30, 31, 2022 | 6569 Valley View Rd, Silverton, OR

Canterbury Renaissance Faire is an invitation to participate in an imaginative interactive environment modeled on elements from a plausible Summer Market Faire from the era of "Good Queen Bess" (Elizabeth I, 1558-1603).

We see it create an interactive stage where faire goers can experience the sights and sounds, science, entertainments, crafts and life styles of Elizabethan Village Folk celebrating the best of their village life.

Buy Ticket

Salem Bike Vision: Developing a Safe and Fully Integrated Bike System

We believe Salem needs a safe and efficient bike system for all residents.

An Investment in the Future of Salem

The comprehensive system of protected bike lanes would provide a North-South and East-West bike corridor with connections for all residents to safely commute throughout the city.

By 2035, estimates show as many as 60,000 new residents will move to Salem. Meanwhile, new housing developments are pivoting away from car infrastructure and encouraging residents to use bikes and public transportation.

Safe and Family Friendly

The protected bike lanes would separate riders from traffic, helping riders feel comfortable no matter their age or experience.

Nearly two-thirds of the US adult population may be interested in riding more often, given better places to ride, and as many as 81% of those would ride in protected bike lanes. Protected bike lanes that eliminate stress will attract traditionally under-represented populations, including women, children, and seniors.

Climate Conscious

Transportation is the largest source of carbon emissions in Salem. as well as the whole state of Oregon. We need alternative modes of transportation to successfully reduce our footprint, and safe and direct bike infrastructure is an important part of making that possible.   *…read more…*

Handy Links:
- *Link to ZOOM for Board meetings, Happy Hour, etc.*
- Calendar: Classes, etc.
- Schedule Reports
- *Recorded Classes!* More recordings are available in the password protected area for members only. Others are not available at all without permission from the presenter.
- Zoom Help - Find tips, FAQ, and other resources available on the Website

Missing ICL Friends?
Join us for…
- Virtual Happy Hour on Fridays at 4:30 PM.
- Lunch on Thursdays: Taproot at the Mill (Willamette Heritage Center) about 11:30 AM

- Oregon COVID-19 Update
- By OR. Health Authority
- CDC COVID Data Tracker
- Statesman Journal COVID reports

Good News article:
A Long Island teen rescues a motorist who accidentally drove into the bay. (More)

BirdNote…
is an independent media production organization that brings joy, inspiration, and hope to millions of people around the world who value birds and the environment we share.

Brief but Spectacular…
is an interview series broadcast nationally in the U.S. as part of PBS NewsHour.

Where Do Our Words for Colors Come From?

In English we have the primary colors (red, yellow, blue), but we also have words for a pretty basic array of hues: black, white, green, brown, orange, purple, etc. Creative folks might use a broader vocabulary, including shades of turquoise or amber, but compared to the incredible range of colors that exist in the world, these words don't even come close to covering it.

In 1969, two researchers found that, across most cultures and languages, people typically develop words for colors in the same order. First come the words to describe black and white. Then red is the next color to be identified. After that, either green or yellow are added, followed by blue, then brown. Finally, after all those basic colors have names, extra hues like orange, purple, gray, or pink come in any order.

The English names for colors developed in this order, and the research indicates the sequence was based on natural things — red blood, green trees, yellow gold, and the blue sky. Let's examine how some of our basic color words developed.

Black: In many languages there is correlation between the words for "black" and "to burn," which makes sense as soot and burned material would be recognizably black materials. The English word for "black" traces back to the Old English blæc, which means "absolutely dark, absorbing all light, the color of soot or coal," and the Proto-Germanic blakaz, which translates to "burned."

White: Simply called "light" in some cultures, the English word for "white" comes from the Old English hwit, which refers to "whiteness, white food, or the white of an egg."

Red: This word comes directly from the Middle English term red, which was used to describe the color of blood, wine, roses, and cherries. Linguists believe cultures tend to grant names to colors when they are reproduced in textiles or art. Several red tones, such as scarlet and damask (named for red-toned fabrics) and vermilion and carmine (named for the insects used to make red dye), are inspired by textile manufacturing.

Green: The color most related to nature comes from the Proto-Indo-European root ghre, which means "grow." However, a culture must first develop a distinction between green and blue before it can move on to naming additional colors. Some pre-modern languages, such as Korean, Japanese, Vietnamese, Arabic, and Egyptian, used the same color to describe the growing grass and the color of the sky.

Yellow: The term "yellow" comes from the Proto-Indo-European root word ghel, which translates to "gleam" or "shine." In the earliest iterations it was likely referring to sunlight, but synonyms for "yellow" reference many other natural substances. Think of yellow hues such as lemon, canary, butternut, gold, amber, blonde, champagne, daffodil, maize, mustard, ochre, saffron, and straw.

Blue: The color of the sky comes from the Proto-Indo-European word bhle, which means "yellow-gray." Not exactly how we might think of the ocean or a sapphire, but language evolves in interesting ways. In the Odyssey and Iliad, Homer describes water as the "wine-dark sea," implying he saw it as a reddish rather than blue tone. However, it's possible that Homer did not yet have the language to describe the color blue back in the 8th century BCE.

The series was created in 2015 by Steve Goldbloom, who has interviewed more than 200 guests for the program. Each episode is approximately 2–4 minutes in length, featuring a subject's personal take on a defining theme.

NASA: First Images from the James Webb Space Telescope

The dawn of a new era in astronomy has begun as the world gets its first look at the full capabilities of NASA's James Webb Space Telescope, a partnership with ESA (European Space Agency) and CSA (Canadian Space Agency).

The Best States for Beer Lovers, Ranked

The 20 Best Beers to Drink in Summer 2022

About 200 feral cats roam Disneyland, where they help control rodents.

The 10 best hiking trails in the US.

Oreo and Ritz collaborate to create the ultimate sweet and salty treat.

10 Views in America You Can't Miss

Multnomah Falls is listed first in the best waterfalls in the US!

The name of **Pawn, Oregon** is an acronym. The name was composed by taking the first letter in the names of four local residents who

Brown: Used to describe wood, soil, skin, and chocolate, brown is an extremely useful color word. Its name comes from the Old English brūn, which translates as "brown, dark, dusky." Brown shades in art have been around since prehistoric times, though ancient people might have interpreted it as red or yellow.

Ten Things Candy Learned from her Dog by Candy Puterbaugh, Corvallis

- Always wag your tail
- Make eye contact
- Be friendly but avoid those who growl
- Be calm but bark loudly when needed
- Protect your home and family
- Walk every day
- Enjoy nature
- Always be yourself
- Take life in stride
- Let those close to you know you love them

Tech Tip: Increase Text Size on Your Phone

Are you having a hard time reading what is on your phone?

If you are an **iPhone** user, open *Settings>Display & Brightness>Text Size.* All you have to do is drag the slider to increase the text size to a setting that works best for you. You can also use the VoiceOver feature and have content read out loud to you. This setting, as well as Zoom and Magnifier Tools, can be found under *Settings>General>Accessibility*.

Android phones have similar settings. To increase your phone's font size, go to Settings>Display>Font Size. Adjust your font size to your liking by selecting small, normal, large, or huge. However, the sizing will vary, depending on the phone you have.

- **Salem Art Fair is Back!**: **July 15 – 17**, 2022; *Note: this year the Art Fair is* *free to Salem Art Association members.*
- **Monmouth Music in the Park Series:** Free concerts are offered every Wednesday (July and August) starting at 6:30 PM | **Main Street Park Amphitheater, Monmouth**, OR
- **Albany River Rhythms 2022**: Most **Thursdays in July and August | starting at 7:00 PM | Monteith Riverpark** (489 Water Ave NW, Albany)
- **River's Edge Summer Series**: Movies on Thursdays at 9:30 PM | Concerts on Fridays at 6:00 PM | Downtown **Independence** Oregon | **Riverview Park** | Independence Amphitheater
- **3rd Annual Fordyce Farm Artisan Festival**: Saturday, **July 16**, 2022 | 7023 Sunnyview Rd NE, Salem, OR 97305 (Located on the lawn and in the orchard behind our store) - Talented artists, crafters, trades-folk, and musicians from the Salem and surrounding areas will be featured.
- **Englewood Forest Festival:** Saturday, **Aug. 13th** | 10:00 AM to 4:00 PM Free! Art vendors, 6 hours of music, family-friendly workshops, food trucks
- **Hallie Ford Museum of Art Exhibition: April Waters: Water-Ice-Sky, Antarctica** - **May 7 - August 13** | Study Gallery and Print Study Center
- **Second** annual **Oregon Senior Games will be held August 11-14 and 18-21**. Athletes of all skill levels age 50 and better are welcome in multiple events at the event hosted in Corvallis. https://oregonseniorgames.com/
- **Camerata Musica Salem:** Free Chamber Music Concerts at the Unitarian Universalist (UU) church unless specified, 5090 Center Street (Center Street and Cordon Road NE).

were instrumental in getting the post office established. These four men were named Poole, Ackerley, Worthington, and Nolen. Willis Nolen suggested manufacturing the name in this manner. Monroe Poole was the first postmaster, and the office operated from December 13, 1915, to November 15, 1933.

The history of the little stickers on your fruits.

National Zoo celebrates 50 years of pandas

Don't be too timid and squeamish about your actions. All life is an experiment.
- Ralph Waldo Emerson

Word to Know: Cataract
[KAD-ə-rakt] : noun
Latin, 15th century

1. A large waterfall; a sudden rush of water; a downpour.
2. A medical condition in which the lens of the eye becomes progressively opaque, resulting in blurred vision.

"We were pounded by a cataract of rain so intense we couldn't see out the window."

"The world's largest waterfall, the Denmark Strait cataract, is actually underwater, carrying cold water nearly two miles to the bottom of the ocean."

How to laugh online in 26 different languages.

The Oldest Building In All 50 States

Questions?
Send us a message at ICL Digest

Newsletter Archives