



Institute for Continued Learning Digest

Welcome to the 127th Edition of the ICL Senioritis

Vol. 127, September 7, 2022

Editors: GwenEllyn Anderson and Dave MacMillan

ICL Update:

- **And we're off and running!** There were about 118, maybe more, in class yesterday. Great to see so many new members there! And "old" friends. **Carol Long**, Provost and Senior Vice President, filled in for Steve Thorsett with a cheerful and informative overview of Willamette University. Thanks to **Jinx Brant** for emceeing and filling in for Joan Robinson. Thanks to **GwenEllyn Anderson** for the smooth execution of all the technical parts that work together so well. Last but not least, thanks to **Dee Iltis** and **Priscilla Hibbard**, Social Co-Directors for the coffee, tea, pastries and cookies, and the flowers. Everyone did a great job!
- *Be sure to keep checking the [Class Schedules](#) online as things are still being added.*
- Note that **Compass Cash** is going to go away. Balances on there right now can still be used at Goudy and elsewhere, but you will not be able to add more cash to the card. Any balances still left should be transferred to the new cards when we get them. People can also request refunds of any remaining balance they have.

Willamette Update:

- **From President Steve Thorsett:** "To the over 1,000 new students joining Willamette University this fall on our Salem and Portland campuses, welcome! And to everyone else, welcome back."
- **New Strategic Plan:** Approved by the Board of Trustees in May, it is an update of the 2013 plan. If you want to understand the direction and path Willamette has chosen for its future, you can read it [here](#). It is important enough that President Thorsett is going to spend the next editions of "[Words from Waller](#)" walking through its sections.

[Salem City Club](#) presents: **Sen. Deb Patterson (D) and Rep. Raquel Moore-Green** for the Oregon District 10 Senate Seat (in person)



Friday, September 9, 2022 | 12:00 PM at Willamette Heritage Center

Long-time Salem City Club members Sen. Deb Patterson and Rep. Raquel Moore-Green will discuss their qualifications for Oregon Senate District 10 in the Club's fall opening program.



[Registration](#): Members: free Non-Members: \$5.00

Salem Public Library Event: Exploring Together: Women's Rights

Tuesday, September 20, 2022 | 6:00 PM – 7:00 PM

On Zoom (event URL will be sent via registration email)

Talking about women's rights and issues comes with many lenses and intricacies. [Salem Public Library](#) invites you to get uncomfortable with us as we provide an opportunity for community members to do the important work of exploring what it is like to be a woman in America.

Handy Links:

- [Link to ZOOM](#) for Board meetings, Happy Hour, etc.
- [Calendar](#): Classes, etc.
- [Schedule Reports](#)
- [Recorded Classes!](#) More recordings are available in the [password protected area](#) for members only. Others are not available at all without permission from the presenter.
- [Zoom Help](#) - Find tips, FAQ, and other resources available on the Website

Missing ICL Friends?

Join us for...

- [Virtual Happy Hour on Fridays at 4:30 PM.](#)
- [Oregon COVID-19 Update](#)
- [By OR. Health Authority](#)
- [CDC COVID Data Tracker](#)
- [Statesman Journal COVID reports](#)
- [NEW! Find COVID-19 Vaccines](#)

[Track Wildfires in the West \(NYT\)](#) 🔥

[New! Wildfire Tracker for Oregon and beyond.](#) 🔥

[Willamette University Events Calendar](#)

Good News Story:

An orthopedic hospital technician with an artistic streak is using his talent to bring joy to young patients at Children's Hospital Los Angeles. Luis Ruiz uses brightly colored markers and oil-based paint pens to customize youngsters' casts with fun drawings. [Check them out!](#)

In this series of community conversations, staff will act as facilitators and work to establish a respectful and supportive space for everyone to contribute their thoughts, share questions, and explore the ideas from the readings and videos.

Each of the three discussions will have its own focus:

- Session 1: Women's Safety and Inequality (September 20)
- Session 2: Women's Medical Needs (October 18)
- Session 3: Motherhood (November 15)

Sign up in advance to receive Zoom access information the day before each discussion.

We ask that you prepare for these discussions by reading or watching at least one entry from the suggested resources list for each discussion.

[Here is the resource list for Session 1](#)

[Salem Public Library Events Page](#)

[Mid-Valley Travel Club: Monkeys on the Road: One family's vanlife adventure driving from the USA to South America](#)

[by Mary Hollendoner](#) **September 8, 2022 | 7:00 PM**

Mary Hollendoner, author of the book "Monkeys on the Road", will share her family's experiences traveling by camper van from California to Argentina.

After a decade in the corporate rat race, Mary was ready for a change. So she and her husband quit their jobs, pulled their six-year-old daughter out of school, and moved into an old camper van. They planned to take a year off to drive from California to Argentina in search of a simpler life. What followed were three-and-a-half years of heartwarming personal encounters, breathtaking wilderness campsites, and occasionally terrifying situations. But overwhelmingly their experience was of local people welcoming them and teaching them about generosity and priorities in life. Join Mary for a presentation full of stories and photos about this trip. You may also want to read her bestselling, award-winning book about these adventures: "Monkeys on the Road."



We would like to inform you of the upcoming meetings that will start in September. All of the meetings this season will be on ZOOM at 7 PM on the **second Thursday of each month**, from **September through June**. We will email a ZOOM link about a week before each program.

Marion County Soil and Water Conservation District present: [Community Salmon Watch Day: September 11 | 12:00 pm – 3:00 pm](#)

If you are curious about Pacific Salmon and their freshwater habitats, come walk the path at Bush's Pasture Park on **Community Salmon Watch Day** and learn about these awe-inspiring fish and what makes them special, explore the key characteristics used to determine stream health, and visit with Claudia Chinook – the largest salmon around! Visit with the various experts at your own pace and for as long or short as you



[Presentation of Skate Park Concept for Geer Park Phase II](#)

(YouTube: Jul 19, 2022)

[Wyoming lake reveals 50-million-year-old treasures.](#)

"Mahonnaise" was created from a mixture of egg yolks, oil, and seasonings to serve at a victory dinner to celebrate the 1756 French capture of Mahon, Spain. A printing error in an 1841 cookbook spelled it "mayonnaise," and that stuck.

[Engineers develop stickers that can see inside the body.](#)

[You can now suggest a name for an exoplanet.](#)

[Barbara Ehrenreich](#) (Aug. 26, 1941 – Sept. 1, 2022) was an American author and political activist. She was a widely read and award-winning columnist and essayist and the author of 21 books. Ehrenreich was best known for her 2001 book **Nickel and Dimed: On (Not) Getting By in America**, a memoir of her three-month experiment surviving on a series of minimum wage jobs.

Read an article she wrote in 1988: "[Giving Power to the People: The Early Days of Health/PAC.](#)"

[Bruce Lee Exhibit: "Be Water My Friend"](#)

Do you ever wonder how Bruce Lee developed the philosophy behind his most iconic quote?

This incredible interactive exhibit invites viewers to step into the mind, body, and spirit of Bruce Lee to see how his unquenchable pursuit of

like. Everyone is sure to learn something new! *Free!*

Visitors are encouraged to park along Leffelle St on the south side of the park.

[Here is a map of the event.](#)

Labor Day is recognized annually to pay tribute to the contributions and achievements of American workers. The American Federation of Labor organized the first annual observance of Labor Day in 1884 at a convention in Chicago, declaring that “the first Monday in September be set aside as a laborer’s national holiday.” Before Labor Day became a federal holiday, it was recognized by individual states. New York was the first to introduce a bill, but Oregon was the first to pass a law. In 1887, Oregon became the first state to designate Labor Day a holiday, and in 1894, Congress designated the first Monday in September a legal holiday for all federal employees and the residents of the District of Columbia.

[**Long overlooked, Oregon's Swastika Mountain may have a new name soon \(NPR - August 29, 2022\)**](#)

Swastika Mountain (about 50 miles southeast of Eugene), in Oregon's Umpqua National Forest, is in the process of being renamed after bearing the moniker for over a century. Due to its remote location, the mountain and its name have largely gone unnoticed until now.

Joyce McClain first heard of Swastika Mountain after reading about two hikers who were rescued from the peak in January. The 81-year-old couldn't believe that a mountain could still bear that name in 2022. So, she decided to do something about it.

She reached out to the Oregon Historical Society and its Oregon Geographic Names Board, filling out the paperwork to propose a name change. Kerry Tymchuk, executive secretary at the historical society, said McClain is the first person he knows of to submit a request for the mountain.

He said the mountain and a nearby town were named Swastika in the early 1900s — long before the Nazis — after a local ranch that bore the name and used the symbol to brand cattle. According to the U.S. Holocaust Memorial Museum, the symbol signified well-being in multiple ancient societies across the world, until it was co-opted by Adolf Hitler.

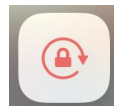
Despite its innocent origin story, Tymchuk said that it's important to consider what a geographic feature is called and what that name represents.

[\(The story above is abbreviated; click here for the full story...\)](#)

Tech Tip: Why Won't my photos rotate to fill the screen when I rotate my iPhone 90° to landscape?

There is a setting for that, and it must be locked to stay in portrait mode..

To unlock it: Swipe up from the bottom of the screen and *tap* on the icon that is a padlock with an arrow curved around it. You should see the message at the top: *Portrait Orientation Lock: Off.*



Local and Virtual Events!

- [Camerata Musica Salem:](#) Free Chamber Music Concerts at the Salem Public Library, Loucks Auditorium *(Note venue has change back to SPL)*
- [The West Coast Giant Pumpkin Regatta weekend is happening October 15 & 16, 2022!](#)
- **Save the Date for This Year's Salem Peace Lecture: October 26, 2022** starting at 7:30 pm - In person and live streamed on YouTube.
- [Salmon Watch Field Trip:](#) September 20, 2022 | 8:30 am – 2:00 pm

knowledge informed his philosophy and life.

Follow Bruce's path beginning with his revelations on water, through the wealth of knowledge found in his 2,800-book personal library, to his philosophy on self-understanding and self-expression.

The exhibition's interactive technology interweaves beautiful imagery with Bruce's personal objects and books to bring his journey to life.

Renowned cellist Yo-Yo Ma played a song alongside

a chorus of birds in a beautiful natural setting. [Listen here.](#)

Trademark by Lagunitas Brewing Company:

"Life is uncertain. Don't sip."

Quote of the Day:

"The human race has one really effective weapon, and that is laughter."

Mark Twain, Author (1835 - 1910)

Word to Know: Pleach

(pleeCH) verb

Late Middle English, 15th century

1: Entwine or interlace (tree branches) to form a hedge or provide cover for an outdoor walkway.

Dog lost after summer wildfires found [by backcountry skier.](#)

[From Greek to Latin: Visualizing the Evolution of the Alphabet.](#)

Questions?

Send us a message at [ICL Digest](#)

[Newsletter Archives](#)