



Institute for Continued Learning Digest

Welcome to the 141st Edition of the ICL Senioritis

Vol. 141, December 14, 2022

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ICL Update:

HAPPY HOLIDAYS!

- Anyone wanting to borrow a copy of the book that ICL is reading for Spring semester - “**All That She Carried**” by Tiya Miles - can email [Becky Miller-Moe](mailto:Becky.Miller-Moe@gmail.com) at rmillermoe@gmail.com. Please email Becky again when you're finished reading so that she can pass it on.
- **ICL Wine Club** is not meeting in November and December. Next meeting on January 16, 2023. Stay tuned for more information. Cheers! 🍷
- Join us for **Happy Hour every Friday at 4:30 PM on Zoom**
- The **ICL Senioritis** editors are taking a break! There will not be a newsletter next week. Look for it again on December 28th.

Willamette Update:

- **“Treasure Maps” By Emily Gold Boutillier:** Author Ursula K. Le Guin drew striking visuals of her fictional worlds. A PNCA lab is making limited-edition prints of these rare, beloved works. (from the new Willamette. Magazine)
- **Campus Photograph Collection:** The Willamette University Campus Photograph collection, comprised of digitized prints, negatives, and slides, is a rich documentary resource covering nearly a century and a half of Willamette’s history.
- **Theatre 33 Presents an Original Comedy! A Christmas Carol, A 1940's Radio Show. December 8-10 and 14-16 at 7:00 PM. Matinee on the 11th at 2:00 PM.** This is an original Theatre 33 adaptation by local actor Thomas Nauban. It's a comedy and has several twists.

Dear Willamette students, faculty, and staff:

We are transitioning to a new access control system that will use proximity/tap cards as opposed to the swipe cards we currently use to access the majority of our buildings. The new system will help us better manage door schedules and cardholder privileges and improve accessibility. In addition, the new access controls will streamline systems across the PNCA and Salem campuses, creating more efficiencies for our Campus Safety staff, who oversee safety and security at multiple sites.

The new access systems will be installed in phases, starting with our residence halls. We expect to have all buildings transitioned to the new system by the end of the spring semester.

In preparation for the installation of the new access system at both the Salem and PNCA campuses, the new ID cards have been printed. The transition from our current system to the new system has begun and will be largely completed over the winter break. The new cards will not be functional for each building until the access control transition has been completed, so you will need to carry both your current ID and your new ID until the new system has been installed on all buildings.

ICL Update: Vernelle has picked up cards for ICL, and our topnotch Membership Co-Directors will hand them out starting on January 17th (1st day of the Spring semester for ICL). The ICL cards may or may not work at Kaneko until after winter term begins.

Note: The new cards cannot have any holes in them, so they will come with plastic card holders that have holes for attaching to whatever one wishes.

Handy Links:

- Link to [ZOOM](#) for Board meetings, Happy Hour, etc.
- [Calendar](#): Classes, etc.
- [Schedule Reports](#)
- [Recorded Classes!](#)
- [More recordings](#) are available to members (password protected)
- [Zoom Help](#) - Find tips, FAQ, and other resources available on the Website
- [ICL Virtual Happy Hour on Fridays at 4:30 PM.](#)
- [Oregon COVID-19 Update](#)
- [By OR. Health Authority](#)
- [CDC COVID Data Tracker](#)
- [Statesman Journal COVID reports](#)
- [Find COVID19 Vaccines](#)
- [WU: Tips for navigating cold and flu season](#)

[Willamette University Events Calendar](#)

[Mid-Willamette Valley High Water Watch Gage Map:](#)

Good News Story: Two people have been pen pals since the 1930's, sending letters to one another from across the Atlantic Ocean. [They're still at it and they both just turned 100.](#)

December 16 - National Chocolate Covered Anything Day

[Expressing tales of the incarcerated through art by Jennifer Johnson](#)

Illustrations by a Pacific Northwest College of Art associate professor are providing an outlet of expression for the incarcerated.

Holiday Film Series at the [Historic Elsinore Theatre](#)

- HOME ALONE (1990): Tuesday, December 20, 2022
- IT'S A WONDERFUL LIFE (1946): Wednesday December 21, 2022

Showtime: 7:00 PM

Doors Open: 6:30 PM

2 Dallas Oregon Library Events:

Author Visit-David H. Wilson Jr.

Please join us on Friday, **December 16th** at 7:00 pm for author **David H. Wilson Jr.** He is the author of [Northern Paiutes of the Malheur: High Desert Reckoning in Oregon Country](#).

Space Talk with Donn Anderson

Dallas resident and NASA Ambassador **Donn Anderson** will present **The Last Men on the Moon** on Saturday, **December 17th** at 2pm.

Is it Covid, the Flu or a Cold?

Likely Covid...	Likely the Flu...	Likely a Cold...
<ul style="list-style-type: none">• Fever or chills*• Sore throat and cough• Shortness of breath• Fatigue• Muscle aches• Headache• Loss of taste or smell• Runny or stuffy nose• Nausea or vomiting• Diarrhea	<ul style="list-style-type: none">• Feels as if you got hit by a truck• Fever and chills• Muscle aches• Sore throat and cough• Runny or stuffy nose• Headache• Fatigue	<ul style="list-style-type: none">• Comes on slowly over 2-3 days• Runny or stuffy nose• Sneezing• Sore throat and cough• Watery eyes• Fever (rarely)• Nasal mucus that starts clear but turns to white, yellow or green after 2-3 days
Days to Show symptoms after exposure:		
2-14 days	1-3 days	1-3 days
*For adults over 65, a fever is considered one thermometer reading higher than 100°F, multiple thermometer readings above 99° or a rise in temperature greater than 2° above normal body temperature.		

7 Things to Get Rid of Now—So You'll Have More Storage Space for the Holiday

- **Old decorations** you haven't used in two years – consider donating them or offering them on to family members
- The **holiday card collection** – if you must keep some, toss cards that are simply signed and save those with personal messages
- **Outgrown toys** – this includes grown up toys like bikes and sports equipment you no longer use
- **Gifts you've never used** – especially duplicates of anything. No sentimentality needed here. If you don't use it, recycle or regift it.
- **Old linens and bath towels.**

[Humans may have evolved fingers and toes that wrinkle in water to help them grip wet objects.](#)

[Port Orford is the only dry-dock \(“dolly dock”\) port on the entire west coast!!](#) 1 of 6 in the world!

[6 Secrets of Famous American Landmarks](#)

[Why Was Baking The Most Deadly Job In The Victorian Era?](#)

[8 Real-Life ‘Fantastic Beasts’ and Where to Find Them](#)

From a “talking” tarantula to a mole with a many-fingered snout, nature is full of creatures with magical abilities.

Scientists in France have been working on [decoding an ancient letter](#) signed by Holy Roman Emperor Charles V in 1547, and they've finally cracked it.

[Watch the ultimate back-yard squirrel Olympics.](#)

Fortune cookies are not originally Chinese. They were invented in Japan and were first mass-produced in San Francisco.

Street artist fills unsightly potholes [with incredible mosaics.](#)

In 1847, William Clayton had the bright idea of [measuring a wagon wheel](#) and calculating how many revolutions equaled 1 mile. His cog odometer was capable of measuring how far someone had traveled, letting pioneers on the Oregon Trail know how much farther they had to go.

- **Duplicate (or more) kitchen tools** – you only need 1 or 2 spatulas, cookie cutters, etc.
- **Winter clothing** you aren't excited to wear – you don't have to declutter the entire closet. Start with a few items you know you aren't going to wear again and donate them.

When in doubt – ask yourself if you look for it next year and can't find it, will you be lost without it? Most of the time, we know we have alternatives and the 'lighter load' feels much better.

SLANG DICTIONARY: What is GOBLIN MODE?

Goblin mode is a slang term for a way of behaving that intentionally and shamelessly gives in to and indulges in base habits and activities without regard for adhering to social norms or expectations.

The behaviors thought to constitute goblin mode vary from person to person, but it's commonly associated with things like consuming "junk" food and media and disregarding one's appearance and sometimes hygiene. Goblin mode is most often used to refer to a temporary state, such as one entered on weekends or after work, but this is not always the case.

Example: This weekend I went into goblin mode and ate a bucket of ice cream in my underwear while watching reality shows.

The phrase is typically used to be at least somewhat humorous and is commonly applied to oneself as a way of embracing such behavior. Since the term refers to a mode of behavior, it's often used in phrases like enter goblin mode and go full goblin mode.

Goblin mode is often considered the opposite of and a reaction to the kinds of healthy, organized, productive habits and lifestyles that are commonly presented (and glorified) in highly curated social media content.

Goblin mode is also sometimes used in reference to people and animals who suddenly become "wild."

Chemeketa Community College has opened a Chemeketa Closet

The Chemeketa Closet is asking for clothing donations suitable for interviews. If you would like to help, please consider donating:

- | | | |
|-------------------|------------------------|-------------|
| ● Clothes hangers | ● Button-up shirts | ● Blazers |
| ● Dress shoes | ● Slacks and/or khakis | ● Purses |
| ● Reusable bags | | ● Overcoats |

Please ensure all donations are in good condition and only gently used. You can bring all clothes donations to the Salem campus in Bldg. 2 Rm. 230. If you have any questions, feel free to contact studentresources@chemeketa.edu or call 503.399.5291.

Welcome to Redactle! Created by John Turner

Redactle is a daily browser game where the user tries to determine the subject of a random obfuscated Wikipedia article, chosen from Wikipedia's 10,000 Vital Articles (Level 4).

A new puzzle will be available every day at 11:00 AM CDT (16:00 UTC).

Local and Virtual Events!

- **18th Annual Winter Solstice Illuminata Regatta | Saturday, December 17, 2022 | 6:00 PM | Riverfront Park**
- **Seussical - The Musical | Enlightened Theatrics | December 16 - 18, 2022 | 7:30 PM | High Street**

Inflation hits the "12 Days of Christmas."

The top toy from the year you were born.

Marie Curie's notebooks are still radioactive

CHOMP! Delicious Vegan Milk Chocolate is In SALEM!

CHOMP! Into a world of creamy and delicious milk chocolate without the cows! Our chocolate is made from bean-to-bar with certified sustainable cacao and plant-based ingredients. MOO-VE OVER DAIRY...

U.S. says nuclear fusion breakthrough "will go down in the history books"

The U.S. Department of Energy announced Tuesday a monumental milestone in nuclear fusion research: a "net energy gain" was achieved for the first time in history by scientists from the Lawrence Livermore National Laboratory in California. By Lilia Luciano

A guest orchestra conductor gone wild.

Once-hard edges take on a soft pale glow. Once-substantial materiality appears almost sponge-like.
- Leonard Koren

Word to Know:

Frontispiece

(FRUHN-tiss-pees) noun
Latin, late 16th century
1: An illustration facing the title page of a book.
2: (Architecture) The principal face of a building.

Questions?

Send us a message at ICL Digest

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