



Institute for Continued Learning Digest

Welcome to the 149th Edition of the ICL Senioritis

Vol. 149, February 15, 2023

Editors: GwenEllyn Anderson and Dave MacMillan

ICL Update:

• Board Meeting Highlights (Feb. 13th):

- The board welcomed a new board member, **Brenda Kidder**, Co-Director of the Curriculum Committee.
- **Fall 2023** will be Tuesdays from 10:00 AM - 12:00 PM and 1:00 PM to 3:00 PM; Thursdays from 10:00 AM - 12:00 PM. Some Thursday afternoons may be used for meetings (e.g. board, CC), play practices, field trips, etc.
- The board elected to follow a “staggered schedule” for semester start and end dates that do not conflict as much with other events and celebrations on campus. This is to not further stretch out the already thinly staffed Bon Appétit which provides our opening day coffees and closing day luncheons. For example, we will start the Fall semester on September 7th instead of September 5th, the day after Labor Day. More details will be available in the [minutes](#) when posted.
- Kaneko Cafeteria is expected to be open in the fall for Breakfast and lunch.
- New Letterhead/Logo for use on ICL correspondence:



- [30th Anniversary Video - Part 1](#): has been posted on YouTube
- **ICL Curriculum Committee Meeting**: Thursday, **February 16, 2023** at **3:00 PM** in **Kaneko Auditorium** - *open to all members*

Willamette University WITS:

The deadline set by WITS to change your Willamette network password has passed. Some of you haven't signed up for a password yet and don't need to worry about this. Some have new accounts since September 2022 and don't need to worry about it. If you missed the deadline or have forgotten the password: willamette.edu/go/password. [To create a new network account](#).

Reminder: You can use your Compass Card to check out books, movie DVDs and VHS tapes, etc. at Willamette's Hatfield Library. You can even put books on hold if you have a Willamette account. Their catalog and database, as well as journals and guides are located at their website: <https://library.willamette.edu/>

Working on Our Whiteness: A Salem Reads Event

Wednesday, February 15, 2023 | 6-8 p.m. | Anderson Rooms A&B

Join a facilitated discussion that is part of the Oregon Humanities Conversation Project. Free. First-come, first-seated.

Join a facilitated conversation to discuss these questions: How can we who are white show up as more effective and less damaging participants in struggles to interrupt racism in our community? How can white people engage in efforts to dismantle racism in ways that do not reproduce or place unfair burdens upon people of color to be our teachers? This conversation is for white people to

Handy Links:

- [Link to ZOOM](#) for Board meetings, Happy Hour, etc.
- [Calendar](#): Classes, etc.
- [Schedule Reports](#)
- [Recorded Classes!](#)
- [More recordings](#) are available to members (password protected)
- [Zoom Help](#) - Find tips, FAQ, and other resources available on the Website
- [ICL Virtual Happy Hour](#) on Fridays at 4:30 PM.
- [Oregon COVID-19 Update](#)
- [CDC COVID Data Tracker](#)
- [Statesman Journal COVID reports](#)
- [Find COVID19 Vaccines](#)
- [WU: Tips for navigating cold and flu season](#)

[Willamette University Events Calendar](#)

[LegiScan: OR Legislation 2023 | Regular Session](#)

[OLIS: 2023 Regular Session: To find a bill](#), Click on the Bills icon in the upper right

[NOAA: River Information and Forecast for the Willamette River at Salem](#)

Quote: Vernelle Judy
“Buying good food is better than buying medicine.”
(heard at ICL Happy Hour)

[In depth: Teenage Master Melittologist creates artwork for new Oregon license plate celebrating pollinators](#)

[Japanese sightseeing train runs on ramen broth.](#)

reflect together on what it means to “do our work” as white people, which includes taking responsibility for one another, educating ourselves, and coming to view other white people as our partners—not competition—in developing antiracist identity.

Seating is free on a first-come, first-seated basis.

This event is part of the Oregon Humanities Conversation Project which offers free programs that engage community members in thoughtful and challenging conversations. [Learn more](#)

[Salem City Club: Commercial Air Service to Salem](#)

Friday, February 17, 2023 | 12:00 PM (opens at 11:30 AM)

In-person at the Willamette Heritage Center | Dye House, Salem

Will it Fly? This program will dive into the issue of commercial air service to Salem. At least one airline has shown interest in operating commercial flights in Salem, initially to LA and Las Vegas and eventually to Phoenix and San Francisco. Our City Council has made a \$2.3m commitment to get this project started. The expectation is that this would be a boon to our economy. However, opinions are divided over the economic benefits, feasibility, expense and environmental impact of the project. Our program panel includes two proponents of adding commercial air service, **Brent DeHart** and **Mark Bechtel**, and, in opposition **Dr. Phil Carver**.

- **Brent DeHart:** Chair of the Fly Salem Steering Committee.
- **Mark Bechtel:** City of Salem, Public Works Operations Manager.
- **Philip Carver:** Co-Coordinator of 350 Salem Oregon.

Members are free | Non-Member – \$10.00

[Register for the February 17 program here](#)

Please order your lunch for this event!

We are having lunch delivered by Little Lois Cafe!

IMPORTANT: The order cut-off time is 2/17/23 @ 9:00 AM. You will not be able to submit orders after the cutoff has passed.

1. Click: [MyBagLunch.com](#)
2. Enter Group Order Number for February 17: #39643
3. Order Your Lunch! - You are required to pay for your lunch
4. Make sure to order by the cutoff time: 2/17/23 @ 9:00 AM

Your lunch will be waiting for you when you get to the Dye House.

If you would like to order a takeout lunch from Taproot Old Mill Cafe please be aware that you should order early as they get busy at the noon hour. And of course, if you want to bring your own lunch—or no lunch at all—you may do so.

[Center 50+ Presents: Generations Over Dinner...](#)

is a [National Initiative](#) that encourages generations to gather around the dinner table in an effort to better understand one another and unite to address bigger community needs.

Interested in joining a dinner table? Limited to 10 people per dinner event. Thank you Western Oregon University Gerontology Program for partnering with Center 50+ to make these events happen.

RSVP to connect50plus@cityofsalem.net. or call 503-588-6303.

- February 28th at 6p.m. @ Center 50+
- March 1st at 11a.m. @ Center 50+
- March 2nd at 6p.m. @ Center 50+

Statesman Journal: [These 15 outstanding educators are 2023 Crystal Apple award winners](#)

[Seniors Have Large Suburban Houses To Sell. Does Anyone Want Them?](#)

[Astoria and Port Townsend among the list of 8 romantic day trips.](#)

[TedTalk: The most important thing you can do to fight climate change: talk about it](#)

[‘Portraits in RED’ artist Nayana LaFond honors missing and murdered Indigenous people during month-long Newport exhibit](#)

Forty portraits from LaFond’s “Portraits in RED” series will be on display beginning Thursday Feb. 2nd at the [Pacific Maritime Heritage Center](#) in Newport. All are of missing or murdered Indigenous people or members of their families. Two of the portraits are of missing members of the Confederated Tribes of Siletz Indians.

Good News Story: [High Schoolers in Tennessee Build Life-Changing Robotic Hand for New Classmate](#)

[This Washington experiment could rebuild eroding coastlines](#)

In 2016, David Cottrell dropped \$400 worth of rock on Washaway Beach to see what would happen. Now engineers are watching, too.

[8 of the Weirdest Romantic Traditions in the World.](#)

Center 50+ Happy Hour Lecture Series

This week's Happy Hour Lecture on **2/15/23 at 6pm**. Is **Work after 50 and Finding Purpose Through Volunteerism**. Such a great topic!

Refreshments will be served.

About Our Speakers: ([see the Facebook page for more details](#))

Stacey Triplett is the Engagement Director for AARP Oregon.

Heidi Miller is the Senior Community Program Coordinator at Center 50+ overseeing the outreach services of Friendship Brigade, Canine Corp, Villages Network, Fix-It Brigade, and Information and Assistance of Wellness on Wheels.
Contact: 503-577-5750

Salem Public Library: Saturday Tech Talk

Saturday, February 18, 2023 | 10:30 AM - 12:00 PM

Salem Main Library | Collaboration Studio | 585 Liberty St SE, Salem

Join us **every third Saturday** of the month to talk about different technology, applications, and software that could possibly make your life a little simpler and more convenient. This class will cover various subjects such as computers and operating systems, Microsoft Office software, social media platforms, and more! Each class is designed at a beginner/introductory level. The first hour of the class will be a lecture presentation. The last 30 minutes of class is reserved for practice. Participants are welcome to stay and practice using their own device. The presenter will be available for questions and guidance. Registration is encouraged but not required.

This month we will be discussing computers and showing you the various features of using a Windows vs. Macintosh operating system. Don't know what that means? Come and learn! All skill levels are welcome.

[Sign Up](#)

SPECIAL FLOAT DROP DAYS

You'll find our Float Fairies in a generous mood from time to time. Throughout the year extra glass floats are placed on Lincoln City beaches to find and keep. Hunting for a glass float? Increase your chances during our Special Drops! Search our beaches on holidays, special occasions and even during surprise events. There are hundreds of extra treasures to find in addition to our regular drops all year round.

[HISTORY of the Floats:](#)

It all had to start somewhere. Learn about the history of the Finders Keepers program in Lincoln City.



Local and Virtual Events!

- [Hidden Histories: Ancient Art from the Permanent Collections](#)
January 3 - April 22, 2023 | **Hallie Ford Museum of Art** | Study Gallery
 - Join **Chemeketa Cellars** in 2023 for one of their fun new [community education classes](#). Learn painting techniques while sipping Chemeketa Cellars wine, make a Mother's Day flower arrangement under the tutelage of a Chemeketa Horticulture instructor or expand your knowledge of Italian wines with their Wines of Italy wine appreciation series.
 - [HATTITUDE: Hats from the Hatboxes of Willie Richardson](#)
Jan. 6 – Feb. 26, 2023 | **Bush Barn Art Center** | **A.N BUSH GALLERY**
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[Interactive: Which food is better for the planet?](#)

Knowing what to eat to minimize impact on the planet can feel like an impossible task: Eat locally? Skip meat? Opt for organic, free range, humanely raised? (Washington Post)

[7 Mind-Blowing Facts About Australia](#)

From its one-of-a-kind wildlife species to the planet's oldest civilization, here are seven fascinating facts that you might not know about the Land Down Under.

The idea is to die young as late as possible.
— Ashley Montagu,
British-American anthropologist

Word to Know: Organon

(or-gə-nän) noun
Greek, late 16th century;
literally, tool

1. A tool or instrument used to gain knowledge

The **Organon** (Ancient Greek: "ὄργανον, meaning "instrument, tool, organ") is the standard collection of Aristotle's six works on logical analysis and dialectic. The name Organon was given by Aristotle's followers, the Peripatetics.

[See all the 2023 Super Bowl commercials so far.](#)

Did you know there's more than one type of rainbow?
[Check out all seven natural wonders.](#)

[Mathematician Explains Infinity in 5 Levels of Difficulty](#) | WIRED

Questions?
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