



# Institute for Continued Learning Digest

## Welcome to the 152nd Edition of the ICL Senioritis

Vol. 152, March 8, 2023

Editors: GwenEllyn Anderson and Dave MacMillan

### Senioritis Newsletter Changes:

We started this newsletter with the [first issue on March 19, 2020](#) as a way to communicate with ICL members after we could no longer meet in person and on campus to finish out the Spring semester. Prior to that, announcements were made before class each morning. The newsletter filled that communication gap. Now we're getting back to hearing announcements before class. But not all members receive those messages.

We feel like the newsletter still provides a way to reach all members, but after 152 issues (3 pages) and 3 years (very soon), the editors would like to know if any other members would like to take over putting together the newsletter? You could redesign the format, content, etc. Make it your own.

If no one responds to this wonderful opportunity, we'll probably cut the newsletter down to one page, make it almost entirely about ICL and Willamette stuff, and not put as much time into it. That's all we know at this time as far as content and appearance.

If you have comments, ideas, or want to consider becoming the new editor - or one of them - please email us at [icl\\_digest@googlegroups.com](mailto:icl_digest@googlegroups.com).

Thank you all for the support over the years! *You have kept us going!* Next week's issue might look about the same, but maybe not after that. Thank you! [GwenEllyn](#) and [Dave](#).

### ICL Update:

- **Curriculum Committee Meeting:** Thursday, **March 9th** at 3:00 PM on [Zoom](#) (after the Police Station field trips in the afternoon)
- **The schedule has changed!** Keep checking back to see the schedule on the [webpage](#) or the [Schedule Reports](#) as things have had to be switched around due to weather and other factors.

### [Bon Appetit celebrates Women's History Month Featuring the women of Goudy: Gabi Buron.](#)

Gabi Buron started at Bon Appetit in 2014. Long-time guests will remember the famous wraps she made alongside Luvia Humbert during lunch service in the past. In her time at Willamette, she has worked the deli station (*editor's note: the best sandwiches in town!*), wrap station, and currently floats around helping the team where she is needed most.

Originally from Oaxaca, Mexico, Gabi has lived in Oregon for 35 years. She has been married for 41 years and has three sons, one grandson and two granddaughters.

When not at work you can find her in the gym, or at home crocheting, cooking or baking. Baking is what she loves the most!

### Goudy Messages: To-go boxes, returning items to Goudy, and Quieter dining options

Reusable to-go box containers will be introduced to Goudy Commons in the coming months.

### Handy Links:

- Link to [ZOOM](#) for Board meetings, Happy Hour, etc.
- [Calendar](#): Classes, etc.
- [Presentation Suggestion Form](#)
- [Schedule Reports](#)
- [Recorded Classes!](#)
- [More recordings](#) are available to members (password protected)
- [Zoom Help](#) - Find tips, FAQ, and other resources available on the Website
- [ICL Virtual Happy Hour](#) on Fridays at 4:30 PM.
- [Oregon COVID-19 Update](#)
- [CDC COVID Data Tracker](#)
- [Statesman Journal COVID reports](#)
- [Find COVID19 Vaccines](#)
- [WU: Tips for navigating cold and flu season](#)

### [Willamette University Events Calendar](#)

### [LegiScan: OR Legislation 2023 | Regular Session](#)

[OLIS: 2023 Regular Session](#): To find a bill, Click on the Bills icon in the upper right

**Quote: John Muir, naturalist, explorer, and writer (1838-1914)**

"When we try to pick out anything by itself, we find it hitched to everything else in the universe."

Read the [guide to the March night sky](#) to learn what special celestial events will occur this month.

### [The 8 Best Cities for Music Lovers](#)

A reminder that one box, one soup cup, and one drink cup per meal swipe are available upon request from the cashier at the time of entry. This option is for a meal to be taken to-go, not as an additional meal after eating in Goudy or for leftover food.

At the start of the school year, Goudy purchased over 300 spoons for service which has now been reduced to 20. This is not enough to supply for everyone at meal services. We ask that anyone who has Goudy dishware and utensils to return it to help avoid the cost of purchasing more.

For diners seeking a smaller, quieter place to eat away from the bustle of the dining room, two rooms divided by a partition, the Chloe Clarke Willson Room and the Gustavus Hines Room (referred to as the Willson-Hines Room) are available when the rooms have not been reserved for events. When exiting the servery and before entering the dining room, turn to the left and head down the corridor and to the right are the two available rooms. We ask that those who chose this location be mindful of this being designed for quieter dining. [...more...](#)

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## Camerata Musica Free Chamber Music Concerts: Trio PNW

**Sunday, March 12, 2023 | 2:30 PM**

[Salem Public Library Loucks Auditorium](#)

**Performers:** Anthea Kreston, violin; Jason Duckles, cello; Asya Gulua, piano

Come join us! Camerata Musica provides free chamber music concerts for everyone.

We invite small ensembles of professional musicians—many from the Northwest—to perform music from many eras and featuring different instruments. Pianos, strings, brass, woodwinds, even voices can figure into our Sunday afternoon performances.

### Program:

- Gliere: 8 Pieces for Violin and Cello, Op.39
- Brahms: Sonata No.2 in F Major, Op.99 for Cello and Piano
- Brahms: Piano Trio in B Major, Op.8



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## [Zooming Back to History - New Season!](#)

The Willamette Heritage Center is pleased to announce a new season of our **Zooming Back to History** online speaker series, now in its sixth consecutive season. Our spring 2023 season will feature four fantastic historians and authors who will share their insight and expertise on historical topics related to the Mid-Willamette Valley and greater Oregon. As always, this is an online event hosted through Zoom, and is a great opportunity to immerse yourself in interesting historical topics while connecting with our local community from the comfort of your own home.

Each event will occur on the second Thursday of the month from March – June. All events will start at 7:00 p.m. except for our April speaker who will start at 6 p.m. as they will be joining us from the great state of Maine. Each event will be recorded and sent to all ticket holders to be viewed the following week.

Our first speaker this spring is scheduled for next month on March 9th at 7:00 PM. **Dr. Kimberly Jensen** and a few of her history students from Western Oregon University will share how they have been preserving the university's 1960s era nuclear fallout shelter.

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**Good News: The Minnesota House passed universal school meals,** guaranteeing breakfast and lunch for all students to help reduce child hunger.

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### [On the Media: Historical Fictions](#)

Producer Eloise Blondiau takes a deep dive into how historical fiction became a rich resource for reckoning with our past, [Listen](#)

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### [Secret tunnel reveals procession of ancient gods](#)

Assyrian deities of thunder and the moon were revealed by archaeologists in an underground chamber originally discovered by looters. (National Geographic)

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### [Elijah Bond's Ouija Board Grave](#)

The man who first patented the Ouija board rests in peace beneath a headstone that playfully reflects that achievement. Green Mount Cemetery, Baltimore, MD

**No one is as old as those who have outlived enthusiasm.**  
— Henry David Thoreau

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### [The Origins of 7 Graduation Traditions](#)

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#### **Word to Know: Spindrift**

Audio for word of the day [SPIN-drihft] noun

Scots, 17th century

1. Spray blown from the crests of waves by the wind.
  2. Driving snow or sand.
- "The wind was so strong that our canoe was splashed with spindrift from the huge waves."

## Zooming Back to History: Spring 2023:

**March 9 at 7:00 p.m. – Dr. Kimberly Jensen – Featuring WOU History Students Natalie Joyce Montalvo, Ella Tenido, and Amanda Larios**

Presentation Title: Beyond Burt the Turtle and “Duck and Cover.” Preserving and Exhibiting Western Oregon University’s Cold War Fallout Shelter Materials

**April 13 at 6:00 p.m. – Valencia Libby**

Presentation Title: The Enduring Legacy of Lord and Schryver

**May 11 at 7:00 p.m. – Scott Nadelson**

Presentation Title: Mining the Gaps: How a Fiction Writer Re-Imagines History

**June 8 at 7:00 p.m. – James M. Masnov**

Presentation Title: Intellectual History and Judicial Review

To register for individual speakers or the entire series, please visit our website at <https://www.willametteheritage.org/zooming-back-to-history/>. This event is a fundraiser for the **Willamette Heritage Center** and by attending this event, you help us offer educational programming for all generations in our community.

If you have any questions regarding this speaker series, please feel to contact me at [joshh@willametteheritage.org](mailto:joshh@willametteheritage.org) or call 503-585-7012.

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## Center 50+ Lecture Series: COVIDOLOGY Book Tour

**March 10, 2023 | 12:00pm–1:30pm | Center 50+ (2615 Portland Rd. NE)**

Our older adult authors and poets will read excerpts from their recently published short stories about pandemic resilience. We will be on hand to sign books. Join us for informal conversations and connections hosted by City of Salem’s Center 50+. *This is an in-person, free event.* Contact: 503-577-5750

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## Salem Saturday Market: Re-opened last Saturday

### **Buy Fresh ~ Buy Local**

Proudly presenting handmade, handcrafted or homegrown products.

We are a non-profit member organization dedicated to bringing the best fresh local produce, flowers, meat/dairy, nursery products, authentic artisan food and artisan crafts to the Salem and surrounding communities. Since starting in 1998, we have grown to be one of the largest market operations in the State of Oregon.

- **SATURDAY Market:** March 4 thru October 28, 2023 ~ 9 am to 2 pm
- **MONDAY Hospital Market:** May 1st thru Sep 25, 2023 ~ 9:30 am to 1:30 pm
- **WEDNESDAY Chemeketa Market:** May 3rd thru Sep 27th, 2023 ~ 3:00 pm to 7:00 pm
- **THURSDAY W. Salem Farmers Market:** May 4th thru Sept 14th, 2023 ~ 3:00 pm to 7:00 pm

### **Open Rain or Shine**

All markets operated by Salem Community Markets are open rain or shine. However, if the wind gusts become too strong or there is threat of lightning, it becomes a safety issue, we will close early if it is unsafe. [...more...](#)

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## **Local and Virtual Events!**

- **March 12, 2023 - Daylight Saving Time Starts: Spring forward 1 hour**
- **Save the date: Deepwood Museum and Gardens Plant Sale**  
Friday, March 17 & Saturday, March 18, 2023 | 9:00 AM - 3:00 PM

"The blizzard blasted spindrift into my eyes from all angles."

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### [What’s My Line \(YouTube\)](#)

Trapp family choir; Tony Randall [panel] (Jul 3, 1960)

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### [How dogs bark and cats meow in every country.](#)

**Remixes of the "Girl with a Pearl Earring," including [one featuring corn.](#)**

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### [Why was the ancient city of Cahokia abandoned?](#)

New clues rule out one theory. Once found near present-day St. Louis in Illinois, Cahokia suddenly declined 600 years ago, and no one knows why. (National Geographic)

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### [Mapping the most popular slang words in the US.](#)

Note: *finna* is an internet slang term that indicates that one is getting ready to do something in the near future; and *simp* is a person (typically a man) who is desperate for the attention and affection of someone else (typically a woman).

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### [With plans to stretch from Washington, D.C. to the Pacific Ocean,](#)

learn all about the [Great American Rail-Trail](#) that will one day connect the East and West coasts.

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### [These mushrooms glow in the dark!](#)

Scroll down to see the photos.

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### [6 Interesting Facts About Ears](#)

**Questions?**  
Send us a message at [ICL Digest](#)

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[Newsletter Archives](#)