



# Institute for Continued Learning Digest

Vol. 194, February 5, 2024

**This Week's Schedule** (Check [online schedule](#) or [ICL Schedule Reports](#) as it is subject to change)

	Date	Start	End	Presenter	Representing	Title	Place
Tuesday	2/6/2024	10:00 AM	12:00 PM	John Kaufmann	WUICL	A Crash Course on the Climate Emergency	Kaneko
Tuesday	2/6/2024	1:00 PM	3:00 PM	Mark Blackburn	WUICL	New Discoveries About Ancient Greece	Kaneko
Thursday	2/8/2024	10:00 AM	12:00 PM	Andra Chastain	Outside	Development of the Santiago Metro System and Neoliberalism in Latin America	Kaneko

**Follow-up: Paul Howard's presentation (Jan. 30):** [Community Health Education Center](#)

**Follow-up: Message from Erin Clubb, Salem Health "Balance & Fall Prevention" (Jan. 30th)**

"It was such a pleasure presenting to your group on Tuesday. I wanted to provide a few resources related to my presentation": [sos20 roadmap exercises-MOB.pdf](#) | [CDC-MyMobilityTool](#) | [2023 6Steps Infographic.pdf](#)

## WORKSHOP: THE EDIBLE ESSAY - WRITING CULINARY MEMOIR, WITH RECIPES

Thursday, February 8, 2024 | 4:30 PM - 5:30 PM | Writing Center (Ford Hall 105)

A recipe is a slice of history - an archival document that offers information about the author-cook's complex identity. In this workshop, participants will work with Professor Jennifer Cognard-Black, co-editor of *Books that Cook and Good Eats*, to consider the recipe as a form of storytelling and meaning-making all its own and to excavate one of their own recipes to launch a culinary memoir or Edible Essay. Drawing from a favorite, cherished, despised, secret, and/or lost recipe from their own family or background, participants will discuss what aspects of individual and collective memory are contained within these recipes. Participants will then have the opportunity to engage in writing prompts that will launch their own Edible Essay.

*Bistro coffee and cookies will be served.*

*Free and open to the public...*

## GOOD EATS! CREATIVE NONFICTION READING AND BOOK LAUNCH CELEBRATION

Thursday, February 8, 2024 | 7:30 PM - 9:30 PM | Kremer Board Room (Ford Hall 102)

In an age of mass factory farming, processed and prepackaged meals, and unprecedented food waste, how does one eat ethically? Please join us for a reading of selected essays from the new collection *Good Eats: 32 Writers on Eating Ethically* — an imaginative and varied collection of writings by chefs, farmers, activists, educators, and journalists, all of whom seek to better understand the systems and cultures that shape our eating.

The evening will feature Associate Professor of History **Wendy Petersen Boring** and CAS alumna **Katy Giombolini**. (ENVS, 2010), along with collection editor **Jennifer Cognard-Black** and three other contributors. Please come and celebrate the launch of **Good Eats**, hear the authors read their works, and enjoy some eats as well!

*Refreshments will be served, and books will be available for purchase at a discounted rate.*

*Free and open to the public...*

**Hallie Ford Museum of Art Exhibitions:** (free to ICL members with student ID card)

- [Willem Volkersz "The View from Here"](#) | Jan. 23 - March 30, 2024
- [Singular Visions: Self-Taught Artists from the Permanent Collection](#) | Jan. 2 - April 20, 2024
- [HFMA Tuesday Gallery Talk](#): February 06, 2024 | 12:30 PM - 01:00 PM - Enjoy a docent-guided gallery talk focusing on the "Willem Volkersz: The View from Here" exhibition.

## Dates to remember:

- **ICL Board Meetings:** 2nd Thursday each month at **1:00 PM** on [Zoom](#). *All members are welcome.*
- **Wine Club:** on the third Monday each month at 4:30 PM. Contact [Dave MacMillan](#) to get details or to get on the mailing list. *The wine club is not meeting in December.*
- **Friday Virtual Happy Hours** on [Zoom](#) at **4:30 PM**. Open to all *past* members, *current* members, and *new* members! We'd love to see you and chat. *BYOB*

**Editors:** Linda E Williams, GwenEllyn Anderson, Dave MacMillan

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