Welcome to the Psych major! Below, you will find a list of the requirements for completing the major, along with some key issues to keep in mind for schedule planning. If you have questions, please discuss them with your advisor.

Introductory Course in Psychology (1.0 units total)

☐ PSY210 – Introduction to Psychology (1.0 unit) -- may be waived with score of 4 or higher on AP Psych exam or 5 or higher on IB Psych exam

Breadth Requirement: One course in each of four “categories” (4.0 units total)

☐ Clinical / Applied Psych
(choose 1 course – 1.0 unit)
PSY310 – Clinical Psychology
PSY321 – Psych for Sustainability
PSY335 – Adult Psychopathology
PSY337 – Abnormal Psych: Child/Adolescent
*PSY354 – Psych of Women & Gender (prior to F16 only)
PSY360 – Psych & Law
PSY370.A – Topical Course (PSY370.A is used for additional courses in this category. Specific course titles may vary.)

☐ Biological and Psychophysical Processes
(choose 1 course – 1.0 unit)
PSY345 – Biopsychology
PSY351 – Sensation & Perception
PSY355 – Cognitive Neuroscience
PSY370.B – Topical Course (PSY370.B is used for additional courses in this category. Specific course titles may vary.)

☐ Learning & Cognitive Processes
(choose 1 course – 1.0 unit)
PSY340 – Psych of Learning
PSY344 – Animal Cog & Behavior
PSY350 – Cognitive Processes
PSY370.C – Topical Course (PSY370.C is used for additional courses in this category. Specific course titles may vary.)

☐ Developmental & Personality / Social Psych
(choose 1 course – 1.0 unit)
PSY330 – Developmental Psych: Lifespan
PSY331 – Developmental Psych: Adolescence
PSY332 – Personality Psych
PSY336 – Social Psych
*PSY354 – Psych of Women & Gender (after F16 only)
PSY370.D – Topical Course (PSY370.D is used for additional courses in this category. Specific course titles may vary.)

Note: You can complete the categories in any order you wish. The breadth requirement is typically fulfilled concurrently with the Research Methods requirement (see below). Many students finish the breadth requirement during the senior year.

Research Methods & Analysis Sequence (2.0 units total)

☐ PSY252W – Research Methods & Analysis I (1.0 unit; must pass with C- or better to continue to PSY253; cannot be attempted more than 2x)
☐ PSY253 – Research Methods & Analysis II (1.0 unit)

Note: PSY253 must be completed before you begin your senior internship. If you are interested in a summer internship, you should complete PSY253 no later than spring of your junior year.

Senior Experience & Advanced Seminar Course (2.75 units total)

☐ PSY300 – Internship Orientation (.25 units)
This course is offered annually in the spring. You should take it spring of your junior year. In this course, you will learn about the array of field and research internship options for your senior year PSY498. Students studying abroad spring of their junior year can have this requirement waived, but will still need to submit a senior year internship plan, working in coordination with the PSY300 faculty.

☐ PSY498 – Major Program Internship (1.5 units)
This course is offered annually in the fall. You will take it fall of your senior year. The course includes a minimum of 168 hours of direct service in a field site in the local community (field interns) or in a research lab on campus (research interns). See department web page for more details.

☐ PSY431W – Topical Seminar in Psych (1.0 unit)
Each year, faculty offer small topical senior seminars. Plan to take one of the PSY431W offerings in fall or spring of your senior year (some students may take the course as a junior). PSY253 is required prior to taking the seminar. The seminar will be largely discussion-based, and you will write a major scholarly paper in this course.

Important Notes:
- In addition to the PSY courses above, majors must complete one lab-based science course.
- If planning study abroad, it’s best to go prior to spring of junior year (to allow PSY300 enrollment & timely pre-req completion).
- Of the 31 units required for graduation, at least 19 must be from outside of psychology (note that because PSY300 and PSY498 are internship credits, they can count toward this 19 outside of psychology!). Because there are 8 other PSY-prefix courses in the psychology major, this means that you can take four additional PSY courses and have them count toward your 31 required units for graduation.
**8-Semester Schedule Planning**

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General Education Requirements - “new gen ed,” for students matriculating F19 and after
(see online university resources for details – this is the new gen ed program starting F19)

- College Colloquium
- 4 Liberal Arts Distribution Categories (only one PSY course can be used here; PSY210 can be used for NS or SS)
  - Nat’l Science (NS)
  - Social Sciences (SS)
  - Arts & Humanities (AH)
  - Mathematical Science (MS)
- 2 Writing Centered Courses:
  - Lower-division course (100-299 level; PSY252W fulfills)
  - Upper-division writing course (300-499 level; PSY431W fulfills)
- World Engagement
- Foundation Language (proficiency or completion through 132 of chosen non-English language)
- World Engagement Electives – 1.5 units required (multiple ways to satisfy – see online resources for details)

Psych Major Requirements (see previous page for details)

- Intro Psych (1.0 unit)
- Breadth Requirement (4.0 units)
  - Developmental & Social / Personality
  - Biological / Psychophysical Processes
  - Research Methods Sequence (2.0 units)
    - Research Methods & Analysis I
    - Research Methods & Analysis II
- Senior Experiences & Advanced Seminar Course (2.75 units)
  - Internship Orientation (PSYC300)
  - Topical Seminar (PSYC431W)

**Use your degree audit as the ultimate guide to check which requirements remain to be fulfilled!!!**
Welcome to the Psych major! Below, you will find a list of the requirements for completing the major, along with some key issues to keep in mind for schedule planning. If you have questions, please discuss them with your advisor.

**Introductory Course in Psychology (1.0 units total)**

- **PSY210 – Introduction to Psychology (1.0 unit)** -- may be waived with score of 4 or higher on AP Psych exam or 5 or higher on IB Psych exam

**Breadth Requirement: One course in each of four “categories” (4.0 units total)**

- **Clinical / Applied Psych**
  - (choose 1 course – 1.0 unit)
  - PSY310 – Clinical Psychology
  - PSY321 – Psych for Sustainability
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  - PSY370.A – Topical Course

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  - (choose 1 course – 1.0 unit)
  - PSY345 – Biopsychology
  - PSY351 – Sensation & Perception
  - PSY355 – Cognitive Neuroscience
  - PSY370.B – Topical Course

- **Learning & Cognitive Processes**
  - (choose 1 course – 1.0 unit)
  - PSY340 – Psych of Learning
  - PSY344 – Animal Cog & Behavior
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  - PSY370.C – Topical Course

- **Developmental & Personality / Social Psych**
  - (choose 1 course – 1.0 unit)
  - PSY330 – Developmental Psych: Lifespan
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  - PSY332 – Personality Psych
  - PSY336 – Social Psych
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Note: You can complete the categories in any order you wish. The breadth requirement is typically fulfilled concurrently with the Research Methods requirement (see below). Many students finish the breadth requirement during the senior year.

**Research Methods & Analysis Sequence (2.0 units total)**

- **PSY252W – Research Methods & Analysis I (1.0 unit; must pass with C- or better to continue to PSY253; cannot be attempted more than 2x)
- **PSY253 – Research Methods & Analysis II (1.0 unit)**

Note: PSY253 must be completed before you begin your senior internship. If you are interested in a summer internship, you should complete PSY253 no later than spring of your junior year.

**Senior Experience & Advanced Seminar Course (2.75 units total)**

- **PSY300 – Internship Orientation (.25 units)**
  - This course is offered annually in the spring. You should take it spring of your junior year.
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  - This course is offered annually in the fall. You will take it fall of your senior year. The course includes a minimum of 168 hours of direct service in a field site in the local community (field interns) or in a research lab on campus (research interns). See department web page for more details.

- **PSY431W – Topical Seminar in Psych (1.0 unit)**
  - Each year, faculty offer small topical senior seminars. Plan to take one of the PSY431W offerings in fall or spring of your senior year (some students may take the course as a junior). PSY253 is required prior to taking the seminar. The seminar will be largely discussion-based, and you will write a major scholarly paper in this course.

**Important Notes:**

- In addition to the PSY courses above, majors must complete one lab-based science course.
- If planning study abroad, it’s best to go prior to spring of junior year (to allow PSY300 enrollment & timely pre-req completion).
- Of the 31 units required for graduation, at least 19 must be from outside of psychology (note that because PSY300 and PSY498 are internship credits, they can count toward this 19 outside of psychology!). Because there are 8 other PSYC-prefix courses in the psychology major, this means that you can take four additional PSYC courses and have them count toward your 31 required units for graduation.
# 8-Semester Schedule Planning

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## General Education Requirements – “old gen ed,” for students matriculating F18 and prior
(see online university resources for details)
- College Colloquium:
- 3 Writing Centered Courses (at least one must be at 300- or 400-level):
  - In major (PSY252W fulfills)
  - Out of Major (PSY431W fulfills)
- 2 Quant / Analytic:
  - QA* (PSY252W fulfills)
  - QA* or QA course (PSY253 fulfills)
- Non-English language requirement (multiple ways to satisfy; see online university resources for details)
- 6 MOIs
  - Nat’l World
  - Creating Arts
  - Think Historically
  - Interpret Texts
  - Examining Values (Prior to F14, this is “AARV”)
  - Understand Society (PSY210 fulfills starting in F14)

## Psych Major Requirements (see previous page for details)
- Intro Psych (1.0 unit)
- Breadth Requirement (4.0 units)
  - Developmental & Social / Personality
  - Biological / Psychophysical Processes
- Research Methods Sequence (2.0 units)
  - Research Methods & Analysis I
  - Research Methods & Analysis II
- Senior Experiences & Advanced Seminar Course (2.75 units)
  - Internship Orientation (PSY300)
  - Major Program Internship (PSY498)
  - Topical Seminar (PSY431W)

** Use your degree audit as the ultimate guide to check which requirements remain to be fulfilled!!! **