

We've Got Issues

Willamette University Psychology Department Quarterly Newsletter

From the Chair

Although it seems as though the school year has only just gotten underway, it's already time for Psychology majors and minors to be planning for next semester and next year. For seniors thinking about applying to graduate programs that will begin in the fall, now is the time to be contacting schools about application materials. Ph.D. programs typically have earlier application deadlines – usually as early as the beginning of January. Masters programs in psychology, as well as in social work and educational counseling programs, typically have application deadlines that are somewhat later in the spring. For seniors who plan to seek employment right after graduation, it's not too early to start exploring opportunities as well.

In terms of other planning, if you're a junior who intends to be away in the spring, you should talk with your faculty advisor about any psychology courses you might be planning to take off campus and hoping to transfer towards

the major. It's also crucial to discuss options for your senior year experience (internship or thesis). Most of this senior planning is normally done in the spring as part of the required Psychology 300 pre-internship / pre-thesis course. Juniors who will be off campus this spring and missing this course need to do a bit of advanced planning in order to begin their internship or thesis work promptly in the fall of the senior year. Although spring-of-senior-year internships are possible, we tend to discourage them because students face an inflexible deadline of graduation that adds considerable stress to their lives!

For sophomores thinking about their plans to study abroad next year, we strongly encourage students to consider going abroad during the fall rather than the spring of their junior year. Although this will not work for everyone's schedule, there are significant advan-

tages to such scheduling. During the spring term of the junior year, psychology majors are frequently involved in independent study and research projects that help shape the focus of their senior year and post-graduation plans. The spring Psych 300 course is a particularly important time for people to familiarize themselves with the research and internship opportunities that are available to them for fulfilling their senior experience requirement in the major.

Last but not least, planning involves decisions about which courses to take this coming term. Although we have not finalized the times of these offerings, we plan to offer the following upper level courses this coming Spring '04 semester. We look forward to seeing you then!

SPRING 2004:

PSY 252 Research Methods & Analysis I
(continued—page 3)

**Thursday, November 27th
and Friday, November 28th**

NO CLASSES!
Thanksgiving Break

October 2003

Volume 4, Issue 1

Inside this issue:

| | |
|--|---|
| Introducing Professor Tony Hermann | 2 |
| And our other Professor (Keith) Herman | 2 |
| Also introducing Professor Bonnie Angelone | 2 |
| And now a word from Psi Chi | 3 |
| Internships & Opportunities | 3 |
| Psychology Faculty | 4 |
| Psychology Cartoon | 4 |

Mark Your Calendar

Mark your calendars for these upcoming events...

Friday, October 24th
NO CLASSES!
Mid-Semester Day

Friday, October 31st
Happy Halloween!

Friday, November 7th
Last day to withdraw from classes



Happy Autumn!

Introducing Professor Tony Hermann...

As unbelievable as it may sound, we do have two Professor Herman(n)'s in the department this year. What are the odds?? The trick is the number of "n's" in their names!

Tony Hermann joins the Psychology Department this fall as a full-time Assistant Professor, fresh from a year as a Visiting Professor at Kalamazoo College in Kalamazoo, Michigan. Tony holds a Ph.D. and M.A. in social and personality psychology from Ohio State University, a B.S. in psychology from Northern Michigan University and a B.A. in speech communication and English from California State University, Fresno. Prior to discovering that he loves being a professor, Tony spent

time as a substitute teacher, marketing researcher, group home worker, sporting goods salesman, and ,yes, even a pizza delivery driver. Much of Tony's research has focused on the consequences of having uncertain or conflicted self-evaluation (e.g., the impact of self-doubt on ones self-esteem, how self-esteem is related to how one presents oneself to others, the degree to which self-esteem is influenced by perceptions of others), but he also enjoys doing fieldwork in persuasion and compliance, investigating how the social context influences the effectiveness of compliance techniques. At Willamette,

Professor Hermann will be teaching Introduction to Psychology, Personality Psychology, Research Methods & Analysis, Organizational Behavior, a seminar on The Self and will be co-teaching the Internship/Thesis seminar with Meredy Goldberg Edelson and Jim Friedrich. He is always looking for enthusiastic students who are interested in being teaching assistants or collaborating on research. Stop by his office (Smullin 252) when you get the chance!

And our other Professor (Keith) Herman

"Unfortunately, the rumors are true. We do have two new professors in the Psychology Department with very similar last names. My name is Keith Herman, no relation to Tony (at least, not that I know of). I will be teaching Introduction to Psychology and Clinical/Abnormal Psychology courses this year.

I completed my doctoral training in counseling psychology at the University of Florida and my postdoctoral fellowship in clinical psychology at Brown University. I also recently completed postdoctoral licensure training in school psychology at the University of Oregon. My research and clinical interests focus on

strategies to prevent and treat depression and anxiety in children and young adults. I also have research projects focusing on multicultural education and healthcare. I have taught at two other liberal arts colleges, Reed College and Rhode Island College, and have several years of experience as a licensed clinical psychologist. I also work part-time as a school psychologist.

On a personal note, I live in Springfield with my wife, Wendy, who is also a school psychologist, and our dog, China. We try to spend at least one weekend day

every week exploring our beautiful state, hiking and/or camping.

I am excited to be teaching at Willamette. Please stop by my office and say hi sometime or send me an email to set up a time to discuss your research and career aspirations. I enjoy talking about clinical research and practice as well as careers in applied psychology. "

Also introducing Professor Bonnie Angelone

Bonnie Angelone joins the Psychology department this fall as a visiting professor...

"I spent a large portion of my life in Northern California, near Sacramento, where most of my family still resides. After two years at a junior college in Sacramento, I received a softball scholarship to play at the University of Tulsa, in Oklahoma. In my 4 years of playing softball, I managed to receive a B.A. degree in

Psychology. I recently spent 5 years in Ohio and received my Ph.D. from Kent State University. While teaching is my passion, I also enjoys conducting research on vision and scene perception. When I am not having fun at school, I am having fun at home with my husband and our two lazy cats. In my spare time, I enjoy watching movies, traveling, hiking, camp-

ing, backpacking, skiing and taking pictures. I am excited to be in Oregon since most of the activities I enjoy takes place in the outdoors—and I know, everyone tells me—just wait until winter..."

And Now a Word from Psi Chi...

Psi Chi would like to take this moment to congratulate the recently elected officers for the 2003-2004 academic school year. Miranda Scolari is serving as President, Matthew Robbins as Vice President, Nathan Foster as Treasurer, and Rayna Saeki as Secretary. Other members include Elizabeth Day, Jessica Ishihara, Karin Sandberg, and Abrie Schroeder.

Recruitment for new members will begin at the end of the term. Membership is open to students who have declared either a major or minor in psychology and who have a GPA of 3.00 or better. Other requirements also apply. Contact Miranda at mscolari@willamette.edu for more information.

Psi Chi is in the process of organizing

and preparing events that will be beneficial to all students on campus interested in psychology. For example, the club is exploring the possibility of bringing a guest speaker to campus to discuss recent psychological research. Please contact Miranda if you have any suggestions for events or issues you think Psi Chi should address.

Internships & Opportunities...

Help Needed:

A local family would like to find someone to help out with their twin daughters, both girls have autism. This is a good opportunity to gain valuable experience with autistic children. If you would like more information, please contact:

Bill and Cindy Burgess
503/370.9044

Work Study Opportunity:

The Psychology department is looking for a work study student to help out approximately 5-10 hours a week, afternoons preferred. Times and days are flexible, but after 2:00 pm would be ideal. Help is needed in the department office (321 Smullin Hall) with general office needs, including copying, campus

errands, upkeep of the Psychology department bulletin board (located on the second floor of Smullin) and Psychology Graduate Schools database and other office duties. Please contact Allisa Jones at x6961 or ajones@willamette.edu if you are interested in this position. Wages are dependent on previous experience.

The Behaviorist's Solution

Joe has been seeing a psychoanalyst for four years for treatment of the fear that he had monsters under his bed. It had been years since he had gotten a good night's sleep. Furthermore, his progress was very poor, and he knew it. So, one day he stops seeing the psychoanalyst and decides to try something different. A few weeks later, Joe's former psychoanalyst meets his old client in the supermarket, and is surprised to find him

looking well-rested, energetic, and cheerful.

"Doc!" Joe says, "It's amazing! I'm cured!"

"That's great news!" the psychoanalyst says. "you seem to be doing much better. How?"

"I went to see another doctor," Joe says enthusiastically, "and he cured me in just ONE session!"

"One?!" the psychoanalyst asks incredulously.

"Yeah," continues Joe, "my new doctor is a behaviorist."

"A behaviorist?" the psychoanalyst asks. "How did he cure you in one session?"

"Oh, easy," says Joe. "He told me to cut the legs off of my bed."

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From the Chair (continued)

PSY 253 Research Methods & Analysis II

PSY 300 Internship/Thesis Orientation

PSY 331 Developmental Psychology: Adolescence

PSY 335 Clinical & Abnormal Psychology

PSY 336 Social Psychology

PSY 341 Personnel & Industrial Psychology

PSY 348 Health Psychology

PSY 350 Cognitive Processes

PSY 351 Sensation & Perception

PSY 395 Major Program Internship

PSY 440 Techniques of Counseling

If you have any questions about planning for the upcoming semester or next year, please stop by and talk to any of us in the department. We are here to help. Have a

good semester!

Sincerely,

Jim Friedrich, Ph.D.
Professor & Chair

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Psychology Department
Quarterly Newsletter**

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Another explanation for fear of success...

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