

# WU Psych Department – Guide to the Major

(“Recent Gen Ed” – general education beginning AY 2019-20 and also including AY 2020-2021)

Welcome to the Psych major! Below, you will find a list of the requirements for completing the major, along with some key issues to keep in mind for schedule planning. If you have questions, please discuss them with your advisor.

## Introductory Course in Psychology (4 credits total)

PSY210 – Introduction to Psychology (4 credits) -- may be waived with score of 4 or higher on AP Psych exam or 5 or higher on IB Psych exam

## Breadth Requirement: One course in each of four “categories” (16 credits total)

### Clinical / Applied Psych

(choose 1 course – 4 credits)

PSY310 – Clinical Psychology  
(PSY310 before S '21)  
PSY321 – Psych for Sustainability  
PSY335 – Adult Psychopathology  
PSY337 – Abnormal Psych:  
Child/Adolescent  
\*PSY354 – Psych of Women &  
Gender (prior to F16 only)  
PSY360 – Psych & Law  
PSY370.A – Topical Course  
(PSY370.A is used for  
additional courses in  
this category. Specific  
course titles may vary.)

### Biological and Psychophysical Processes

(choose 1 course – 4 credits)

PSY345 – Biopsychology  
PSY351 – Sensation & Perception  
PSY355 – Cognitive Neuroscience  
PSY370.B – Topical Course  
(PSY370.B is used for  
additional courses in  
this category. Specific  
course titles may vary.)

### Learning & Cognitive Processes

(choose 1 course – 4 credits)

PSY340 – Psych of Learning  
PSY344 – Animal Cog & Behavior  
PSY350 – Cognitive Processes  
PSY370.C – Topical Course  
(PSY370.C is used for  
additional courses in  
this category. Specific  
course titles may vary.)

### Developmental & Personality / Social Psych

(choose 1 course – 4 credits)

PSY330 – Developmental Psych:  
Lifespan  
PSY331 – Developmental Psych:  
Adolescence  
PSY332 – Personality Psych  
PSY336 – Social Psych  
\*PSY354 – Psych of Women &  
Gender (after F16 only)  
PSY370.D – Topical Course  
(PSY370.D is used for  
additional courses in  
this category. Specific  
course titles may vary.)

Note: You can complete the categories in any order you wish. The breadth requirement is typically fulfilled concurrently with the Research Methods requirement (see below). Many students finish the breadth requirement during the senior year.

## Research Methods & Analysis Sequence (8 credits total)

PSY252W – Research Methods & Analysis I (4 credits; must pass with C- or better to continue to PSY253; cannot be attempted more than 2x)  
 PSY253 – Research Methods & Analysis II (4 credits)

Note: PSY253 must be completed before you begin your senior internship. If you are interested in a summer internship, you should complete PSY253 no later than spring of your junior year.

## Senior Experience & Advanced Seminar Course (12 credits total)

PSY310 – Professional and Career Planning in Psychology I (2 credits)

Taken **spring of your junior year or spring of sophomore year** if you plan to study abroad in spring of junior year. (Old naming and numbering: PSYC 300 – Internship Orientation.)

PSY410 – Professional and Career Planning in Psychology II (2 credits)

Taken **fall of your senior year**.

PSY497 **OR** PSY498 – Research or Field Senior Internship in Psychology (4 credits)

This course is offered annually in the fall. You will take it fall of your **senior year**. The course includes a minimum of 168 hours in a research lab on campus (PSYC 497: research interns) or service in a field site in the local community (PSYC 498: field interns) See department web page for more details.

PSY431W – Topical Seminar in Psych (4 credits)

Each year, faculty offer small topical senior seminars. Plan to take one of the PSY431W offerings in fall or spring of your **senior year** (some students may take the course as a junior). PSY252 is required prior to taking the seminar. The seminar will be largely discussion-based, and you will write a major scholarly paper in this course.

### Important Notes:

- In addition to the PSYC courses above, majors must complete one natural science (NS) course outside of psychology.
- If planning study abroad, it's best to go prior to spring of junior year (to allow PSYC 310 enrollment & timely pre-req completion).
- Of the 124 credits required for graduation, at least 76 must be from outside of psychology (note that because PSYC 497 and PSYC 498 are internship credits, either can count toward this 76 outside of psychology!). Because there are 36 other credits from PSYC-prefix courses required in the psychology major, this means that you can take three additional 4-credit PSYC courses and have them count toward your 124 required credits for graduation.

# 8-Semester Schedule Planning

1st Year

FALL

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SPRING

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2nd Year

FALL

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SPRING

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3rd Year

FALL

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SPRING

*PSYC 310 (2 credits; or spring 2<sup>nd</sup> yr.)*

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4th Year

FALL

*PSYC 497 or PSYC 498 (4 credits)*  
*PSYC 410 (2 credits)*  


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SPRING

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**General Education Requirements - “recent gen ed,” for students matriculating F19 up to S21**

(see online university resources for details – this is the *recent* gen ed program starting F19-S21)

- College Colloquium
- 4 Liberal Arts Distribution Categories (only one PSY course can be used here; PSY210 can be used for NS or SS)
  - Natural Science (NS)
  - Social Sciences (SS)
  - Arts & Humanities (AH)
  - Mathematical Science (MS)
- 2 Writing Centered Courses:
  - Lower-division course (100-299 level; PSY252W fulfills)
  - Upper-division writing course (300-499 level; PSY431W fulfills)
- World Engagement
  - Foundation Language (proficiency or completion through 132 of chosen non-English language)
  - World Engagement Electives – 6 credits required (multiple ways to satisfy – see online resources for details)

**Psych Major Requirements** (see previous page for details)

- Intro Psych (4 credits)
- Breadth Requirement (16 credits)
  - Developmental & Social / Personality
  - Biological / Psychophysical Processes
  - Clinical / Applied
  - Learning & Cognitive Processes
- Research Methods Sequence (8 credits)
  - Research Methods & Analysis I
  - Research Methods & Analysis II
- Senior Experiences & Advanced Seminar Course (12 credits)
  - Professional and Career Planning in Psychology I (PSYC 310)
  - Professional and Career Planning in Psychology II (PSYC 410)
  - Senior Research Internship in Psychology (PSYC 497) OR  Senior Field Internship in Psychology (PSYC 498)
  - Topical Seminar in Psychology (PSYC 431W)

**\*\* Use your degree audit as the ultimate guide to check which requirements remain to be fulfilled!!! \*\***