



# Institute for Continued Learning Digest

Welcome to the 17th Edition of the ICL Senioritis

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Editors: GwenEllyn Anderson and Dave MacMillan

## In the ICL News: One-on-One Zoom Practice Sessions

If you are interested in learning to Zoom or want to practice before our classes this Fall, Dave and GwenEllyn are offering 1-1 sessions via Zoom. Link to this sign up sheet and we will send you a confirmation with directions to get you started. On the date and time you select, you'll come to a Zoom session and we will walk you through the next steps.

The sign-ups for this month are only the beginning. If you are unable to sign up for one of these times, do not worry. More will be offered in the coming weeks. If you have any questions, email: [gwenellyn@gmail.com](mailto:gwenellyn@gmail.com) or [dmacmill@willamette.edu](mailto:dmacmill@willamette.edu) Link to the [Sign-Up Sheet Here](#).

**ICL Board Meeting:** Tuesday, July 21, 2020 All members may watch the meeting online. Use the Chat to ask questions or make comments. [Zoom Link to Board Meeting](#)

**Coffee Break** will be at 9:00 PM that morning because of the Board meeting. [Zoom Link to Coffee Break](#)

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## Part 2: Interview with Kasia

**Interviewers note:** When we left Part 1 Kasia and her family had decided on Berkeley for her college experience. I said that what I needed was the answer to the question, "Did you have any fun going to school in Berkeley?" Her response was long but I would not dream of changing one thing although I was tempted to retitile it "Legalize Brown Rice!"



### The College Years

My brother and I were dispatched to the University of California, Berkeley from our home in Brazil. He, having arrived a few weeks before I did, met me at the airport, and for the next hour while we sat on the bus into San Francisco, gave me a short course in current language and mores. It was the mid-60s and much had changed. We did not know that we were about to become involved in what would turn out to be an historical event, a real revolution in thought and culture.

After a couple of weeks acclimating in San Francisco, we finally arrived in Berkeley. I immediately felt 'at home'. Berkeley was friendly, vibrant, energetic and comfortable. Lots of things were going on all the time. After a dreary year in the dorms and in a lackluster apartment with a few other girls, I eventually settled into a lovely apartment on the corner of Dwight and Telegraph Avenues, soon to be the epicenter of street riots, demonstrations and SWAT teams in Star Wars outfits and assault rifles. From my windows, I could watch the 'undercover' police in their crop-top haircuts and madras Bermuda shorts, start confrontations and fights with

## Missing ICL Friends?

Join us for...

- Virtual **Happy Hour** on Fridays at 4:30PM.

[Zoom in here](#)

- Virtual **Coffee Breaks** on Tuesdays at 10 AM

[Zoom in here](#)

[Zoom Help](#) - Find tips, FAQ, and other resources available on the ICL Website.

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## GREAT NEWS!

[The Salem Art Fair is going VIRTUAL!](#)

**July 18, 2020 | 9:00AM UNTIL**

**July 19, 2020 | 9:00PM**

The Salem Art Fair and Festival has been held each summer since 1949. Therefore we are determined to raise the flag once more, despite the challenges of the moment. This is being done as a community service to honor the idea of community resilience, but also to support artists at a particularly difficult time.

[More information](#)

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## Book Recommendation from

**Kasia:** [The Great Influenza: The Story of the Deadliest Pandemic in History](#) by John M. Barry.

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## Uncomfortable

### Conversations with a Black Man - [Episode 3](#):

Chip & Joanna Gaines sit down with Emmanuel Acho to have an uncomfortable conversation about teaching their kids to

otherwise non-aggressive folks standing in front of the bookstore across the street or walking down the sidewalk.

It was the Vietnam era. In Berkeley, the antiwar sentiment was high. The young men were anxiously debating whether to flee to Canada, become a CO (conscientious objector) or take their chances with the lottery draft. My brother, with a low lottery number, chose to join the Navy. My boyfriend chose to become a CO. The war affected everyone. We protested, marched, listened to impassioned speeches from the 'greats' of the time: Mario Savio, Stu Alpert, Bobby Seale and the Black Panthers. Malvina Reynolds, a neighbor, had us all singing "Little Boxes on the Hillside." It was also the era of the folk song, guitar playing, brightly colored clothes, long hair for men and women, headbands and beads, brown rice, chopsticks and vegetarian potlucks, massage classes, marijuana, LSD and other hallucinogens, folk festivals, Sunday services in Grace Cathedral where the message always was 'brotherly love.' and community spirit. Peet's Tea and Coffee opened its first shop a block away, Chez Panisse with Alice Waters opened on the other side of campus. Every major rock band had concerts. Of course, everyone's favorite was The Grateful Dead whose members could easily be found having a beer or an espresso on Telegraph or University Avenue. Jazz clubs abounded.

My apartment was directly across from a large billboard that read "Showtime" in large vivid letters. I'm sure some of you have seen a photo of this sign with a helicopter hovering over it. It was also a half block from People's Park where I spent time planting flowers, making paths, and cooking gallons of stew in 50 gallon trash cans. You have likely seen photos of this, too. The University became very upset with the efforts made by the people to turn a vacant mud-lot into a park. I guess the architecture student's giant play structure for kids that read LOVE was just too much for the administration. Soon the park was overrun with military vehicles and armed guards. I was particularly upset when someone planted a tank on my flowers.

The protests on campus eventually spread out into the streets, and turned violent. Storefronts were smashed, Bonfires lit up Telegraph Avenue, giving it a rather medieval look at night. The police and Swat teams rolled out huge amounts of barbed wire to close off the streets. This resulted in it taking me 45 minutes to cross the street on my way home from work. I learned that tear gas does not go well with cake, that pepper spray is indeed blinding, and that CS gas makes one's bones feel like they are melting. I walked out my apartment building one morning to find that the police a few yards away had killed James Rector, the only casualty of the protests. The BBC news people filmed the demonstrations from the roof of my building, and had a confrontation with the local police, which was likely broadcast in England.

It may sound like I didn't have time to actually go to class. I worked two jobs in order to pay tuition. As a foreign-registered student, my tuition was hundreds of dollars more than the in-state student. I did, nonetheless, manage, and wound up on the Dean's list, was elected to Mortar Board, and graduated with two majors. There might be a happy end to this story. However, at that time, the country was in another of its recessions. There were no jobs available for simple BAs when PHDs couldn't find one.

"see color" and Emmanuel Acho is asked "if he's afraid of white people."

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[BLM Demonstrators Gather To 'Reclaim The Fourth'; Protests Marked By Conflict News Protests](#) by Eddy

Binford-Ross - July 9, 2020

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**If you can think of a fragrance, Demeter**

Fragrance Library probably has it. [Thunderstorm](#), PB&J, Gold, the list goes on. And when they're not making unique and exotic fragrances, they're producing [unscented hand sanitizer spray](#) to keep our lives safe and sterile, with 80% ethyl alcohol (the highest allowable concentration). This month, they're celebrating "Christmas in July," with 15% off everything on the site. [The options are endless, check it out.](#)\*

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**What to Watch:**

**The Far Side returns after [a 25-year hiatus](#)**

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[Oldest Technologies Scientists Still Can't Explain](#)

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**And what were you doing at age 12?**

Twelve-year-old Lydia Denton invents a [device to prevent hot car deaths](#) of children.

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**Looters in The Villages, FL**

The rioting in major cities across the U.S. has spread to The Villages, Florida, a retirement community of 100,000. Looters in Florida's friendliest hometown have especially broken into stores that sell items like laxatives, vitamins hearing aids, reading glasses,

Unfortunately, I couldn't go back to Brazil. My family had moved on to yet another country, and I was now too old. Thus began my adult life, but that's another story.

The Mantra of the time was simple: "Legalize Brown Rice!"

Interviewers Note: Kasia received BA degrees in both Anthropology and French but as future interviews will note, more education will follow. Wonder if she had any interesting jobs along the way?

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## Exploring Together: Race and Racism: Salem Public Library

Talking about race and racism is often uncomfortable, sometimes confusing, and almost always difficult. Salem Public Library invites you to get uncomfortable with us as we provide an opportunity for community members to do the important work of exploring race and racism in America. In this series of community conversations, staff will act as facilitators and work to establish a respectful and supportive space for everyone to contribute their thoughts, share questions, and explore the ideas from the readings and videos. Each of the three discussions will have its own focus:

**Session 1:** Systemic Racism and White Privilege (July 28)

**Session 2:** Race and the Criminal Justice System (August 25)

**Session 3:** The History of Racism in America and Oregon (Sept. 22)

We ask that you prepare for these discussions by reading or watching at least one entry from the suggested resources list.

Sign up to receive the Zoom login information by email on the morning of each discussion.

Systemic Racism and White Privilege Suggested Resources

### Books:

- So, You Want to Talk About Race by Ijeoma Oluo ([cloudLibrary](#) / [Library2Go](#))
- White Fragility by Robin DiAngelo ([cloudLibrary](#) / [Library2Go](#))
- Stamped From the Beginning by Ibram X. Kendi ([cloudLibrary](#) / [Library2Go](#))

### Articles:

- [White Privilege and Unpacking the Invisible Knapsack](#) by Peggy McIntosh
- [A New Threat: Racism Without Racists](#) by John Blake
- [7 Ways We Know Systemic Racism is Real](#)

### Visual Media:

- [What is Privilege?](#) (YouTube)
- [White Like Me](#) (Kanopy)
- [Your Privilege is Showing Lillian Medville](#) (YouTube; strongly recommended)

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[Newsletter Archives](#)

energy drinks and surgical stockings.

The thugs were easily caught and arrested since they were using their walkers and golf carts to flee. The protests have been limited to the evening hours because most of the lawbreakers either had doctor's appointments during the day or rioting would have interfered with their naps. The marches didn't last that long because many of the demonstrators had to get home to pee. In many cases, the demonstrators simply forgot why they were even there.

Officials considered a curfew starting at 9 p.m. But since that's the time when most of the residents go to bed anyway, it was decided that it wasn't needed.

Community leaders concluded that part of the problem was that residents were restless because they had too much time on their hands since the recreation centers, pools, theaters, boutique stores and especially the bars were closed due to the coronavirus.

Community officials wanted to form a committee to look further into the problem, but the next day no one could remember why they needed a committee.

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**FOX Affiliate Answers the Most Important Question Each Day:**

[What Day Is It?](#) with Todd Meany

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**Questions?**

**Send us a message at [ICL Digest](#)**

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