



Institute for Continued Learning Digest

Welcome to the 18th Edition of the ICL Senioritis

Vol. 18 July 22, 2020

Editors: GwenEllyn Anderson and Dave MacMillan

ICL Board Meeting:

The Board met on Tuesday, July 21, 2020. The Curriculum Committee has prepared a full schedule of Tuesday morning Zoom sessions with a special presentation by Randy Shriver on Thursday, September 24. A full calendar of presentations will be sent out to you soon, and posted online.

The board decided to not make our usual donations to Willamette Departments and Hanni Scholars this year since we are not collecting dues. It was also decided not to budget for social events since we're not likely to have a picnic, coffees, or luncheons in the foreseeable future.

There will be no dues for the spring semester. (It was already decided not to have dues for the fall semester.)

Any needed expenses can come out of carryover funds.

Membership will be inviting some individuals from the top of the ICL Waiting List to join us for the fall class sessions online. They will not have membership status until we're in a position to accept new members.

Willamette will continue providing email accounts, Zoom, and website space in the coming year.

The Social Committee is going to be responsible for reaching out to those members without computer access to keep them informed. They are receiving these newsletters.

One-on-One Zoom Practice Sessions:

If you are interested in learning to Zoom or want to practice before our classes this Fall, Dave and GwenEllyn are offering 1-1 sessions via Zoom. Link to this sign up sheet and we will send you a confirmation with directions to get you started. On the date and time you select, you'll come to a Zoom session and we will walk you through the next steps.

The sign-ups for this month are only the beginning. If you are unable to sign up for one of these times, do not worry. More will be offered in the coming weeks. Link to the [Sign-Up Sheet Here](#).

If you have any questions or any trouble signing up, email:

gwenellyn@gmail.com or dmacmill@willamette.edu

Peter Ronai about his Berkley days (inspired by Kasia's story)...

The interview with Kasia took me back to my own memorable time at UC Berkeley. I congratulate Kasia on her "photographic" recall of her Berkeley experience.

I arrived at UC Berkeley as a grad student from Australia at the beginning of 1964. My wife and I lived on the top floor of an apartment building on

Missing ICL Friends?

Join us for...

- Virtual **Happy Hour** on Fridays at 4:30PM.

[Zoom in here](#)

- Virtual **Coffee Breaks** on Tuesdays at 10 AM

[Zoom in here](#)

[Zoom Help](#) - Find tips, FAQ, and other resources available on the ICL Website.

[Eric Whitacre's Virtual Choir - 'Lux Aurumque'](#) - "I love how

this is showing the possible power of the internet. So often we talk about the internet separating and isolating us. But things like this can change that. Beautiful." - Dasha Love

Join us here for a FREE virtual [Abbey Bach Festival Concert](#) series

July 29 – 30 – 31, 2020

Plus a special bonus concert Saturday, August 1

[Uncomfortable Conversations with a Black Man - Episode 4](#): Emmanuel

Acho sits down to have another uncomfortable conversation, where he directly addresses questions and emails from white brothers & sisters, all over the world.

Vocabulary Word:

Breviloquent brə-VIL-ə-kwent

Part of speech: adjective

Origin: Latin, mid-19th century

Virginia Street only three blocks off campus. Great location, but I was paying a non-California resident tuition rate at the university, so we were able to afford the apartment only by virtue of my accepting the role of superintendent (i.e. the apartment building's janitor, repairman, etc.).

I was enrolled in the Ph.D. program in the University's Donner Lab and nearby Lawrence Radiation Lab (now called the Lawrence Berkeley National Laboratory), and took classes on the main campus.

I was not long out of medical school at the University of Sydney in Australia, and therefore quite accustomed to working hard. At Berkeley I worked at least as hard as I had in medical school. I took courses in mathematics, atomic physics, physical chemistry, and nuclear tracer techniques. I had done courses in Mathematics and Physics in Sydney after my medical intern year, so I knew what to expect. The Atomic Physics course at Berkeley far exceeded my expectations, with incredible lectures by Nobel laureates, as well as by Berkeley physics professors. The homework was enough to curl your hair! I remember one Friday we were given five problems to solve over the weekend. I solved the first four on Friday evening without too much sweat, but the fifth was a doozy! It took me all of Saturday, Saturday night and Sunday, but somehow I managed to come up with the solution. On Monday we handed our homework in for the TA to mark. Later in the week the TA told the class that the fifth problem would not count towards our grade because "it was too hard"! I was speechless. My life's most significant intellectual achievement had been cast into the "dustbin"!

The year 1964 was the year of the Free Speech Movement led at Berkeley by Mario Savio. There were "student riots" as the media called them, but these were not riots; they were peaceful student sit-ins in the administrative buildings, (probably the origin of the concept of recent Occupy movements.) The students were protesting the University's withdrawal of permission for students to use Sproul Plaza on campus as a forum for speechifying (much like London's Hyde Park). The only violence I saw was perpetrated by the campus police. On TV I saw campus police dragging women down stairs by their hair! The University's violence against the students was so outrageous that Clark Kerr, the University Chancellor, was fired by then Governor Pat Brown.

Sproul Plaza is also the location for a fountain, later officially named by the university Regents "Ludwig's Fountain" after Ludwig, a dog belonging to a UC engineer, who loved to cavort in the fountain (the dog not the engineer) when the engineer brought it to work.

I won't bore you with the rest of my Berkeley experience, but I'd like to thank Kasia for reminding me of those memorable times "back in the day."



1. (of a person, speech, or style of writing) using very few words; concise.

Enjoy a [funny song about Zoom meetings](#) and what it's like from home in quarantine to the Brady Bunch music.

Exploring Together: Race and Racism: Salem Public Library - upcoming sessions

Talking about race and racism is often uncomfortable, sometimes confusing, and almost always difficult. Salem Public Library invites you to get uncomfortable with us as we provide an opportunity for community members to do the important work of exploring race and racism in America. Each of the three discussions will have its own focus:

Session 1: Systemic Racism and White Privilege (July 28)

Session 2: Race and the Criminal Justice System (August 25)

Session 3: The History of Racism in America and Oregon (Sept. 22)

SIGN UP

Take a virtual tour of an [Egyptian pharaoh's tomb](#)

Or, if you are tired of the view from your place, [Window Swap](#) and gaze out of someone else's window!

Or, test yourself on [10 fascinating facts about butterflies](#).

Need to cool off? Take a dive in an underwater shipwreck that is now a museum. Scroll down for the video. [Dive in History: Dive in Greece](#) and visit the Peristera.

Willamette receives grant for Senator Hatfield's archives

Contact: Susan Irwin

State Library of Oregon awards \$88,657 grant to process Mark O. Hatfield Legislative Series.

Willamette University Archives and Special Collections has received a grant from the State Library of Oregon to process and begin digitization of the Mark O. Hatfield Congressional Legislative Series — a regionally and nationally significant collection of materials from U.S. Senator and Oregon Governor Mark O. Hatfield (R-OR).

These collections highlight Hatfield's transformative 30-year tenure in the U.S. Senate (1967–1997), shedding light on his distinctive service to Oregon, on an era marked by a unique brand of moderate Oregon republicanism, and on a number of enduring themes relevant for Oregonians and Americans seeking to better understanding regional and national politics from the mid-20th Century to the present day. These papers also represent an evolution in American political thought and values around themes such as war, humanitarianism and environmental preservation — and congressional responses to these changes — across seven presidencies (Johnson, Nixon, Ford, Carter, Reagan, H.W. Bush and Clinton).

In order to meet demand for Hatfield's political papers and to ensure the opening of the Hatfield collection in 2022 (the 100th anniversary of Hatfield's birth), Willamette will hire a processing archivist to process the Mark O. Hatfield Legislative Series, select and digitize a portion of these materials, promote this collection's use and identify materials from this collection to be integrated into public programming.

[More information](#)

Tech Tip: What is a Podcast?



As we look for more ways to learn and spend our time productively (after you have watched all the content you can bear on Netflix) you may be interested in learning more about podcasts, on-demand internet spoken word content. [Click here for a brief explanation from the](#)

[International Podcast Day website.](#)

If you want to know about how to listen to podcasts, [click here for a 2017 article from The Guardian](#). Many of the great [National Public Radio shows](#) are available as podcasts.

Five reasons to listen to podcasts:

1. They are inspiring. Considering listening to the TED radio hour.
2. They keep you educated and informed. The variety of podcasts includes all of your favorite topics. You can learn a new language or follow business and market trends.
3. They offer personal and professional growth including health tips, achieving your goals and self-improvement programs.
4. They are a great escape and pure entertainment.
5. They optimize your time because you can listen while walking, driving, working out or working around the house.

Powell's Books continues its [conversations with authors](#).

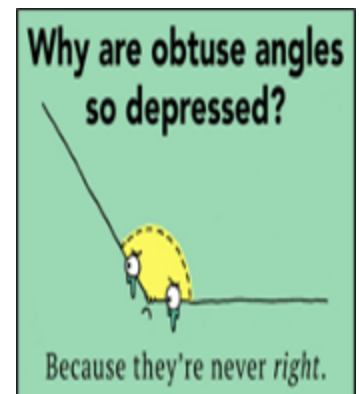
An update - into August.

Brain Health Tip: Join a course on COVID-19

Psychological Impact, Wellbeing and Mental Health Course

It's a three-week course, average 2 hours per week, though course access is available beyond 3 weeks. The NHS of the UK offers it with no tests and no homework. Their programs are known to be well-organized and engaging.

To register through [FutureLearn, click here](#). The first page will ask you to join for free. Check out their other courses at the link on the top of the page.



The **Stitcher List** rates the top 100 podcasts of each week.

Check it out to find new favorites. [The Stitcher List](#)

Questions?

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