



Institute for Continued Learning Digest

Welcome to the 102nd Edition of the ICL Senioritis

Vol. 102, March 16, 2022

Editors: GwenEllyn Anderson and Dave MacMillan

ICL Update:

- **Board Meeting Notes** (Tuesday, **March 15**): The board, after long discussion, decided that ICL will resume in-person classes at Kaneko Auditorium on March 29. Details to follow...
- **Boosted?** If you haven't done so yet, please email a digital photo of your vaccination card showing that you have received the booster shot to [Vernelle Judy](#) or [Don Beckman](#). You will need to do this before attending ICL classes after Spring Break (Spring Break: March 21-25).
- **Note to membership:** Tuition is due on or before **April 26th**. Checks can be made payable to WU-ICI for **\$165**. Please mail checks to either Vernelle Judy or Don Beckman - OR hand them to Don when classes start in person after Spring Break (but before the end of class on 4/26)
- The Curriculum Committee met last Thursday to begin planning for Fall Semester. The current plan is to return to the Willamette Campus on Tuesday and Thursday mornings only Fall 2022-2023 semester. If you would like to share an idea for a presentation, the Committee welcomes your input by completing this form: [Presentation Suggestion Form](#)

Willamette University Update:

- **Farewell to Gerry Frank:** Gerald "Gerry" Frank passed away on March 13, 2022, at age 97. He was one of the longest-serving trustees on Willamette's board and a proud fourth-generation Oregonian. [...read more](#)
- **Bon Appetit celebrates Women-Owned Farm to Fork vendors:** During this year's Women's History Month, we're spotlighting and celebrating some of the small, women-owned businesses who supply food for our cafés through our Farm to Fork program. [...click to learn more about women-owned businesses we love...](#)

[Deepwood Museum and Gardens Plant Sale](#)

March 18 & 19, 2022 | 9:00am - 3:00pm

Our annual Plant Sale is happening on Friday, March 18th, and Saturday, March 19th, from 9am to 3pm both days! Shop for hard-to-find native and companion plants, yard decor, pottery, and more!



There will be free guided tours of our Nature Trails at 10am & 12pm, and free guided tours of the Formal Gardens at 11am & 1pm.

A portion of all proceeds benefit Deepwood's preservation and programs.

Cost: Free admission to the sale.

Location: Deepwood Parking Lot, 12th & Lee

DEEPWOOD MUSEUM & GARDENS
1116 Mission ST SE, Salem OR 97302

Handy Links:

- [Link to ZOOM classes, Board meetings, Coffees, Happy Hour,...](#) almost all things ICL
- [Calendar:](#) Classes, etc.
- [Schedule Reports](#)
- [Recorded Classes!](#) More recordings are available in the [password protected area](#) for members only. Others are not available at all without permission from the presenter.
- [Zoom Help](#) - Find tips, FAQ, and other resources available on the Website

Missing ICL Friends?

Join us for...

- [Virtual Happy Hour](#) on Fridays at 4:30 PM.
- [ICL Wine Club](#) on the third Monday each month at 4:30 PM.

[OHSU: COVID-19 Resources for Oregon](#)

[CDC: OVID-19 Mortality Overview](#)

[WU COVID-19 Dashboard](#)

Science.org: The changing epidemiology of SARS-CoV-2)

We have come a long way since the start of the COVID-19 pandemic—from hoarding toilet paper and wiping down groceries to sending our children back to school and vaccinating billions. Over this period, the global community of epidemiologists and evolutionary biologists has also come a long way in understanding the complex and changing dynamics of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), the virus that causes COVID-19. In this Review, we retrace our steps

The History Behind Daylight Saving Time and Oregon's Plan

"Love it in the fall and hate it in the spring" is the standard response to Daylight Saving Time. While it is practiced around the world, there are many misconceptions about how it all got started. Briefly, Ben Franklin mentioned it as far back as 1784 in a letter to the "Journal de Paris". He suggested that Parisians could save 'an immense sum' of money by using sunshine instead of candles for their lighting needs. Some would like to credit him for the DST idea, but his letter was satirical and he added other silly ideas like ringing every church bell at dawn to not waste any daylight and firing cannons for the heavy sleepers.

George Hudson, a New Zealand entomologist, frustrated with the lack of light in the evening when he went bug-hunting, proposed a two-hour shift forward in October and a two-hour shift back in March. His idea was never accepted. William Willette, a British builder, took a plan to Parliament in 1905 and although supported by Winston Churchill and Sir Arthur Conan Doyle, his idea was also rejected.

During WWI, the Germans 'sprang forward' an hour to conserve coal for the war effort. It proved very effective and European countries followed suit. Even England adopted it and some called it 'Willett Time.'

Initially met with resistance as 'big-government interference', the US adopted DST in 1918, but the federal government backed off and allowed state and local governments to decide whether to adopt DST.

It's a common misconception that DST was adopted to benefit farmers when, in fact, farmers despised it. Regardless of what the clock said, they worked by the sun. Dairy cows didn't alter their milking by an hour, so shifting times didn't help shipping schedules. Harvesting still had to wait until morning dew could dry so farmers often lost an hour waiting for nature to catch up. It was actually the farmers who pressured the feds to abandon national DST until after WWI ended.

In 1966, Congress passed the Uniform Time Act which standardized the DST dates – while still allowing states to opt out. But the debate remains.

Oregon Update: Oregon lawmakers passed a bill in June 2019 to keep Oregon on DST all year long and the governor signed it into law the next week. Senate Bill 320 would keep most of Oregon on DST year-round and took effect January 2020, but it has yet to be enacted. The portion of eastern Oregon on MST is exempt. Oregon lawmakers said the change would only take effect after both Washington and California adopted year-round DST. Washington has passed the legislation to do so and California voters did the same, but the law hasn't been a priority for California lawmakers since it stalled last year in their state senate. Even once all three states agree, Congress will need to approve it. Oregon built a 2029 deadline into the law, so stay tuned...and in the meantime, we're on DST as of last Sunday.

Endurance (revisited)

Speaking of the rediscovered wreck of the "Endurance" I bet you didn't know that one reason they all survived had to do with the banjo playing of meteorologist Leonard Hussey, who was the sole crew member who was

through the questions that this community faced as the pandemic unfolded. We focus on the key roles that mathematical modeling and quantitative analyses of empirical data have played in allowing us to address these questions and ultimately to better understand and control the pandemic.

[Say YES! COVID TEST](#)

Get your FREE at-home test kits! We are offering free, rapid, at-home COVID-19 test kits to residents of eligible communities.

[State Farm auto claims data reveals explosion in catalytic converter theft](#)

This type of crime has skyrocketed in various states during the Covid-19 pandemic.

Theft is as old as humanity itself. However, what has been changing throughout history are the most common objects being stolen. With many U.S. cities having more than two autos per household, auto parts have become a valuable currency for thieves. During the COVID-19 pandemic, one component in particular has gained more prominence than ever. No, it's not your radio, it's the catalytic converter. [...continue reading...](#)

Netflix Documentary: [Picture a Scientist](#)

Chronicles the groundswell of researchers who are writing a new chapter for women scientists. Biologist Nancy Hopkins, chemist Raychelle Burks, and geologist Jane Willenbring lead viewers on a journey deep into their own experiences in the sciences, ranging from brutal harassment to years of subtle slights. Along the way, from cramped laboratories to spectacular field stations, we encounter scientific luminaries -

permitted to take more than 2 pounds of personal items off the sinking ship:

"The only exception to this injunction pertained to the ship's meteorologist Leonard Hussey (below) and his 12 pound Windsor zither banjo. Knowing cruel trials would be faced by all in the hostile ice cap environment, Shackleton pointedly advised the banjo owner to bring the instrument along as, 'It's vital mental medicine, and we shall need it.'



While the marooned shipmates struggled for months to survive in harsh glacial environs not dissimilar to a year-round polar vortex, Hussey entertained them with his banjo and morale-raising sing alongs. Crew members keeping journals recorded, the '...banjo does, as Sir Ernest said, supply brain food,' and another grateful shipmate praised '...Hussey's indispensable banjo.' One mirthful wag reported, 'Hussey is at present tormenting (us) with his six known tunes on his banjo.'"

Pictured is his banjo signed by the surviving crew members; amazingly they all survived.

Local and Virtual Events!

- 🌸🌸🌸 **First Day of Spring: Mar 20, 2022** 🌸🌸🌸
- **The public is invited to: City Librarian Interviews** - Thursday, **March 17, 2022 | 10 a.m.-1 p.m. | Via Zoom**
Finalists for Salem's City Librarian will be the subject of interviews this Thursday, March 17. You are invited to participate in three stakeholder interview panels scheduled on Zoom. You'll be able to submit questions to the candidates through the Zoom chat feature. [More information and Zoom links...](#)
- **March 14-20 - Brain Awareness Week** is the global campaign to foster public enthusiasm and support for brain science. Every March, partners host imaginative activities in their communities that share the wonders of the brain and the impact brain science has on our everyday lives. The [Dana Foundation](#) supports research and offers many resources and fact sheets.
- **MUSIC: At Christo's Lounge** - from Solveig Holmquist
- **CCRLS Community Wellness and Recovery Workshops** - throughout January, February and March. Free with Registration.
- **WU Theatre: Wayfinding**, by Whitney Rowland - Directed by Lava Alapai; Runs through March 27th. Made-for-film staging (think Great Performances) [More info and ticketing](#)
- **Camerata Musica Salem:** Free Chamber Music Concerts at the Unitarian Universalist (UU) church unless specified, 5090 Center Street (Center Street and Cordon Road NE). *COVID protocols for all the concerts at the UU church include proof of vaccination, masks, and a contact tracing log.*

including social scientists, neuroscientists, and psychologists - who provide new perspectives on how to make science itself more diverse, equitable, and open to all.

[Ernest Shackleton's lost ship \(Endurance\) found a century later, nearly 10,000 feet under the Antarctic ice](#)

Book Recommendation: The Book Thief by Markus Zusak

The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times.

When Death has a story to tell, you listen.

[Scale of Ukrainian cities](#)

When you look inside the cities around the world, you will often find familiarity to where you live. For The Washington Post, Bonnie Berkowitz, Dylan Moriarty and Hannah Dormido look for [the familiarity in the attacked cities in Ukraine](#). With side-by-side comparisons to U.S. cities, Ukraine feels less distant.

Winners of the 2021 [Landscape Photography awards](#).

Death is the sound of distant thunder at a picnic.
- W. H. Auden

Word to Know: **Prospicience**

(pros-PIH-shee-ens) noun
Origin: Latin, late 15th century
1. The action of looking forward.

Finalists from Sony's [World Photography Awards](#).

[Magpies continue to outwit scientists.](#)

Questions?
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