

# PSYCHOLOGY

## What can I do with this major?

AREAS	EMPLOYERS	STRATEGIES
<p><b><u>HUMAN SERVICES</u></b>  <b>Direct Care:</b>            Counseling            Psychotherapy            Case Management            Mental Health Services            Physical Health and Wellness            Crisis Work            Art Therapy            Music Therapy</p> <p><b>Administration:</b>            Advocacy            Programming            Community Relations            Management            Development/Fund Raising            Grant Writing</p>	<p>Federal and State government, including Departments of:            Health and Human Services            Justice            Veterans Administration            VA Hospitals            Community mental health centers            State psychiatric hospitals            Facilities for mentally impaired            Probation and parole            Senior citizens' centers            United Way agencies            Social service/nonprofit organizations            Religiously-affiliated service organizations            Hospitals/healthcare providers            Private psychiatric facilities            Employee Assistance Programs (EAP)            College and university counseling centers            Private practice</p>	<ul style="list-style-type: none"> <li>• Obtain essential practical experience through part-time or summer jobs</li> <li>• Complete an internship for academic credit.</li> <li>• Gain experience through volunteering with organizations</li> <li>• Learn to work well with different types of people.</li> <li>• Develop strong communication skills.</li> <li>• Cultivate the desire to help others.</li> <li>• Become fluent in a foreign language</li> <li>• Be willing to relocate for increased job opportunities.</li> <li>• Become familiar with government hiring procedures.</li> <li>• Acquire knowledge of government and community resources available for those in need.</li> <li>• Obtain a graduate degree in psychology, counseling, or social work for positions involving substantive counseling or psychotherapy or for advancement into administrative/supervisory positions.</li> <li>• Maintain an excellent academic record</li> <li>• Look into experiences valued by graduate programs.</li> </ul>
<p><b><u>RESEARCH</u></b>            Social Research            Market Research            Data Analysis</p>	<p>Federal, state and local government            National headquarters of non-profits            Universities and colleges            Market research firms            Market research departments of consumer goods and manufacturing firms            Consulting firms</p>	<ul style="list-style-type: none"> <li>• Work with a professor on his or her research project.</li> <li>• Develop strong quantitative and statistical skills.</li> <li>• Take additional math and statistics courses.</li> <li>• Obtain related experience. Get a part-time or summer field service position with a market research firm.</li> <li>• Get involved in the American Marketing Association.</li> <li>• Earn a graduate degree in psychology, statistics or marketing for the greatest number of opportunities.</li> </ul>

AREAS	EMPLOYERS	STRATEGIES
<p><b><u>EDUCATION</u></b>  Teaching  Student Affairs  Administration  Training  Adult Learning</p>	Public and private K-12 schools Colleges and universities Community instruction offered by government or social service agencies e.g. GED classes, life skills, parenting, etc.	<ul style="list-style-type: none"> <li>• Obtain a teaching certificate for public school positions.</li> <li>• Multiple certifications will increase marketability.</li> <li>• Earn a doctoral degree for post-secondary teaching.</li> <li>• Secure strong personal recommendations.</li> <li>• Volunteer or work as a tutor.</li> <li>• Gain experience working with children or adolescents.</li> <li>• Acquire related experience on campus as a resident hall advisor, orientation leader, admissions tour guide, or peer mentor.</li> <li>• Develop strong communication skills and learn to speak well in front of a group.</li> </ul>
<p><b><u>HUMAN RESOURCES</u></b>  Employment and Recruitment  Labor Relations  Compensation and Benefits  Organizational Development  Training</p>	Large companies Government agencies Staffing and employment services Large non-profit organizations including hospitals and educational institutions	<ul style="list-style-type: none"> <li>• Complete a human resources internship.</li> <li>• Earn a minor in business or take several business courses.</li> <li>• Seek leadership positions in student organizations.</li> <li>• Develop strong computer skills.</li> <li>• Earn an MBA or a graduate degree in human resources to attain higher level positions.</li> </ul>

**GENERAL INFORMATION**

- Psychology provides a broad, liberal arts background.
- Many entry-level helping positions are available, however the amount of direct client contact is limited for those who have a bachelor's degree. Students may wish to pursue graduate education in psychology, social work, counseling, college student personnel, or other related fields to increase opportunities and earning potential
- For those wishing to pursue graduate education, maintain a high grade point average, secure strong faculty recommendations, and gain experience through volunteer or work opportunities. Assist a faculty member with his or her research.

**Resources:**

- <https://willamette.edu/academics/index.html> (additional major profiles)
- <https://willamette.edu/offices/careers/index.html> (CareerBeam database of industries, jobs, careers, and companies. Also career testing)
- <https://willamette.edu/offices/careers/index.html> (Electronic library with Industry guides, careers, companies, jobs)
- <https://willamette.edu/alumni/index.html> (WUAlumni Network - call to talk w/ alumni)
- <https://willamette.edu/offices/careers/index.html> (Career Counseling and advising)
- <http://www.apa.org/about/students.aspx> (American Psychological Association)
- <http://www.counseling.org> (American Counseling Association)
- <http://www.psychologicalscience.org> (Association for Psychological Science)